Public Transport
Bus and Train timetables are available from the Information Desk at the Main Entrance. For more information go to www.maxx.co.nz, or phone 09-366 6400 or toll-free on 0800 10 30 80 if outside the local calling area.

By Bus
Bus stop 2024 (towards Otahuhu) and bus stop 2005 (towards Papatoetoe) are situated adjacent to the Middlemore train station on Hospital Rd. The most frequent routes are:
- 375 Botany to Airport via Otara, Middlemore, Mangere every 30 to 60 minutes Monday to Friday only.
- 575 Botany to Middlemore via Highbrook and Otara every 30 minutes Monday to Friday only.
- 328 Manukau City to Downtown via Massey Road every 60 minutes Monday to Saturday.

By Train
Middlemore Station is serviced by both the Eastern and Southern Lines with trains arriving and departing approximately every 10-15 minutes Monday to Friday and every 30 minutes Saturday and Sunday.

By Bus, By Train, By Bus/Train

Cycling
Some cycle parking is available to the public at Middlemore Train station. Cycle stands are located at the base of the stairs of the over bridge on both sides of the tracks.

Driving Directions
The Hospital is well sign posted from the motorways.

South Motorway:
Southbound: Princes Street Exit
Northbound: East Tamaki Road Exit

South-Western Motorway:
From either direction: Massey Road Exit

Parking
Patients may be dropped off or picked up from outside the Main Entrance of the hospital. There are a small number of free short-term parks reserved for this purpose only. Please consider others and remove cars as soon as possible.

Mobility Parking
Spaces are located near most of the entrances around the hospital. Please ensure an authorised mobility parking pass is displayed at all times.

Packing
For all other visitors is available in designated paid visitor parking spaces around the Middlemore Campus.

Daily Parking Charges
The first 15 minutes is free. There after it is $3.00 per hour up to a maximum of $15.00 per day.

Between 2.00 pm - 8.00 pm visitors can park for 30 minutes free of charge. The visitor must be within the 30 minutes otherwise normal rates apply. Hours of operation: 24 hours per day / 7 days a week.

Service
- Academic Lecture Theatre (ALT) 24
- Adult Short Stay and Observation Units 24
- Allied Health Inpatient Service 11 (Ground)
- Allied Health Staff Offices 51 (Ground)
- ARHHQ 30 (Level 2)

Assessment Labour & Birthing Unit
- AT&R Inpatient / Outpatient Service 31
- AT&R Coronary Rehabilitation 31
- Auckland University of Technology (AUT) 30 (Level 3)
- Bereavement Care 2 (Ground)
- Cafeteria - Pulse Café 5 (Ground)
- Cafeteria - Staff café 5 (Ground)
- Cardiac Catheter Lab 5 (Level 1)
- Cardiac Investigation Unit (CIU) 5 (Level 1)
- Car Park Office 7 (Ground Corridor)
- Casting Unit 5 (Level 1)
- Cashiers 7 (Ground Corridor)
- Clinical Coding 31 (Ground)
- Clinical Engineering 1 (Level 1)
- Clinical Equipment Pool 51 (Basement)
- Clinical Photography 40 (Ground)
- CCRep 30
- Coronary Care Unit (CCU) 5 (Level 1)
- Créche 9
- CT/MRI Scan Unit 1 (Ground)
- CTEC 7 (Level 1)
- Decision Support/Health Intelligence 5 (Ground)
- Dialysis Unit & Home Training 30 (Level 1)
- Diabetes Services (Whitiora) 38a (Level 1)
- Edmund Hillary Block 51
- Early Pregnancy Assessment Unit 1 (Level 5)
- Emergency Care (Adult & Children) 27
- Engineering Department 1 (Level 5)
- Executive Management 1
- Galbraith Building 1
- Gastro Ward 32 51 (Level 2)
- Gastroenterology 51 (Level 2)
- Gynaecology Care (Day Ward & Clinic) 1 (Level 5)
- Haematology (Clinical & Day Ward) 51 (Level 1)
- High Dependency Unit (HDU) 11 (Level 1)
- Home Health Care 38d
- Human Resources (HR) 2 (Level 5)
- Information Services (IS) 30 (Level 2)
- Information Desk (Main Entrance) 5 (Ground)
- Intensive Care Unit (ICU) 11 (Level 1)
- Inwards Goods 14
- Kidz First Administration 12 (Ground)
- Kidz First Children’s Hospital 12
- Kidz First Medical 12 (Level 2)
- Kidz First School 12 (Level 1)
- Kidz First Surgical 12 (Level 1)
- Kidz First Therapy Gym 12 (Level 1)
- Koropiko 51 (Level 5)
- Ko Awatea Education and Innovation 54
- Ko Awatea Clinical Teaching Centre 7
- Ko Awatea Academic & Support Building 30 Laboratory 1 (Ground)
- Learning and Development 30 (Level 3)
- Library 13 (Level 1)
- Linen Store 13
- Main Entrance 5
- Mail Room 5
- Maori Cultural Resource Unit 7 (Ground Corridor)
- Maternity 38b (Level 4)

Building
- Service 24
- Building 11 (Ground)
- Service 31
- Building 51 (Ground)
- Service 30 (Level 2)
- Building 1 (Level 2)
- Service 31
- Building 51 (Ground)
- Service 30 (Level 3)
- Building 11 (Level 1)
- Service 31
- Building 5 (Ground)
- Service 30 (Level 4)
- Building 31 (Level 1)
- Service 31
- Building 51 (Level 5)

Maternity Administration offices 2 (B Level)
Medical Short Stay Unit 51 (Level 1)
Mental Health 30 (Level 4)
MHSSP Community 31 (Level 1)
Manukau Institute of Technology (MIT) 30 (Level 3)
National Burn Centre 11 (Level 1)
Needs Assmnt. & Services Coord. 31 (Level 1)
Neonatal Unit 1 (Level 3)
Non Clinical Support Staff 7 (Ground Corridor)
Nutrition Services 3
Obstetrics & Gynaecology Offices 31
Occupational Therapy 31
Occupational Health & Safety 30 (Level 4)
Oral Health Unit (Dental) 40 (Level 1)
Orderlies Office 1 (Porta-Com)
Orthotics 51 (Basement)
Pacific Cultural Resource Unit 38b
Pharmacy - Dispensary 12 (Basement)
Pharmacy - Public 5 (Ground)
Pharmacy - Clinical 2 (Floor 5)
Physiotherapy 31
Plastics Ward 35 51 (Level 5)
Plastic Surgery Department 11 (Level 2)
Pool Cars 7 (Ground Corridor)
Project & Facilities 25 & 26
Psychiatric Liaison 34
Purchasing 14
Radiology/X-Ray 1 (Ground)
Recruitment 30 (Level 4)
Renal Services 38a
Renal Home Training 3
Research Office 30 (Level 1)
Respiratory Services 30 (Level 3)
RMD Lounge 45
Quality Improvement Unit 30 (Level 1)
Security Office 7 (Ground Corridor)
Shops - Retail Public 5 (Ground)
Smokfree Service 34
Social Workers 7
South Auckland Health Foundation 2 (Floor C)
Speech Language Therapy 31
Surgical Centre 7 (Ground Corridor)
Staff Centre 11 (Level 2)
Sterile Services Unit 1 (Level 1)
Support Building 30
TADU 1 (Level 1)
Telephone Exchange 13
Theatres 1 (Level 1)
Tiaho Mai 10
Tissue bank 51 (Basement)
Transcription 30 (Level 1)
Ultrasound 1 (Ground)
University of Auckland Academic Centre 30 (Level 2)
Uniform Room 13
Ward 1 5 (Ground)
Ward 2 5 (Level 1)
Ward 5 5 (Level 2)
Wards & 7 5 (Level 3)
Wards 8 & 9 5 (Level 4)
Wards 10 & 11 5 (Level 5)
Wards 23 & 24 31
Ward 31 51 (Level 1)
Ward 32 51 (Level 2)
Ward 33 51 (Level 3)
Ward 34 51 (Level 4)
Ward 35 51 (Level 5)