

Youth'12

Overview of Findings

Dr Terryann Clark & the Adolescent
Health Research Group

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The Adolescent Health Research Group

To provide high quality, accurate and timely research that seeks to improve the health and wellbeing of young people in Aotearoa, New Zealand



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The Youth2000 Survey Series

1. National Secondary School Student Surveys

2001 - 9,699 adolescents

2007 - 9,107 adolescents

2012 - 8,500 adolescents

2. School Climate Surveys

2007 School Climate

2012/13 School Climate

3. Alternative Education Surveys

2009 - 335 adolescents

2000 – 268 adolescents

4. Teen Parent Unit Survey

2006 - 220 adolescents

5. Wharekura Survey

2007 – 22 kura and 677 taiohi*

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Youth2000 series sample characteristics

	2001		2007		2012	
Schools	114 (86% response)		96 (84% response)		91 (73% response)	
Decile	n	%	n	%	n	%
low	26	22.9	15	16.3	26	28.6
med	49	43.1	52	56.5	36	39.6
high	39	34.2	25	27.2	29	31.9
Students	9,567 (73% response)		9,107 (74% response)		8,500 (68% response)	
Gender	n	%	n	%	n	%
Male	4,414	46.1	4,911	54.0	3,874	45.6
Female	5,152	53.9	4,187	46.0	4,623	54.4
Ethnicity	n	%	n	%	n	%
Māori	2,325	24.7%	1,702	18.7%	1,701	20.0%
Pacific	768	8.2%	1,178	10.2%	1,201	14.1%
Asian	679	7.2%	1,310	12.4%	1,051	12.4%
NZ Euro	5,219	55.4%	6,871	52.8%	4,024	47.7%
Other	417	4.4%	817	5.8%	511	6.0%
>1 ethnic groups	29%		39%		42%	

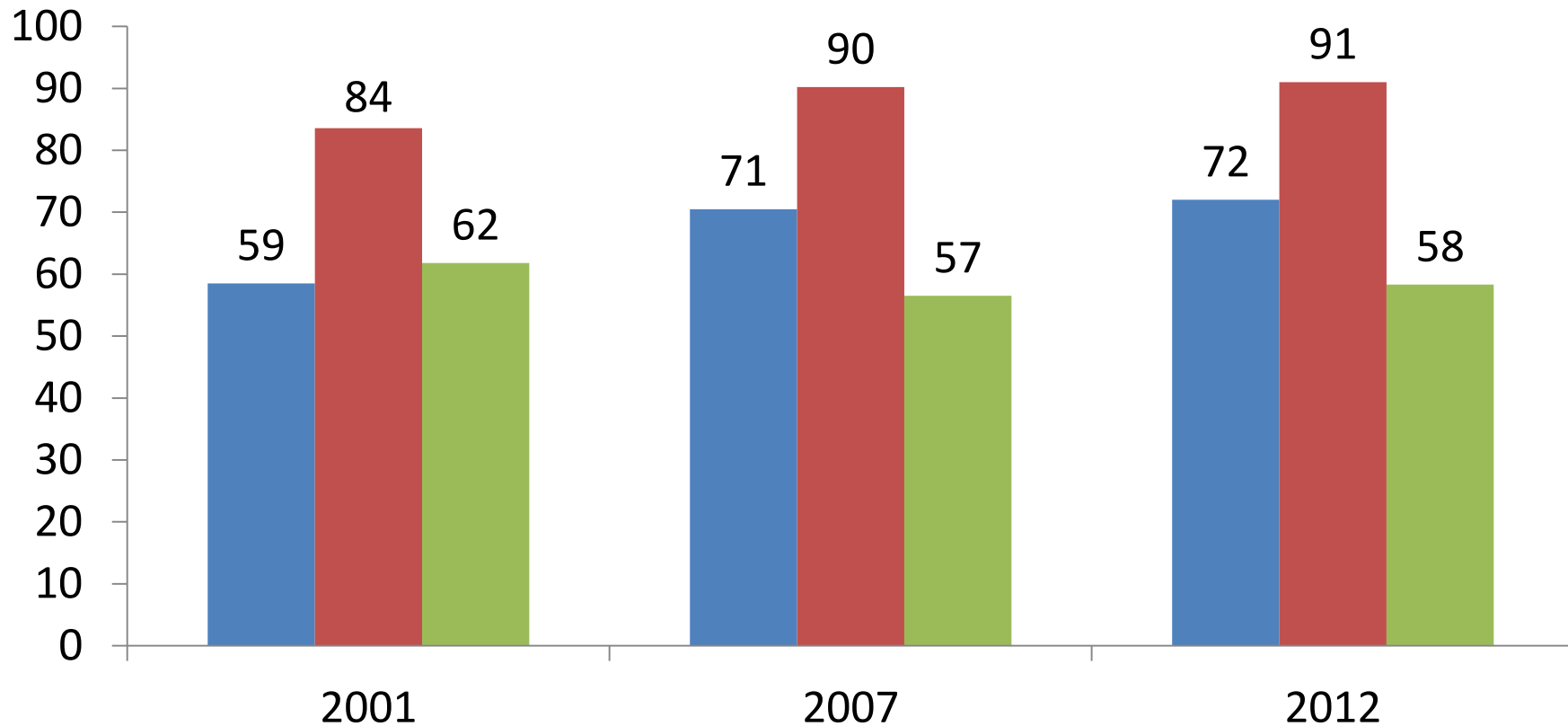
Results for all students

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Family Relationships

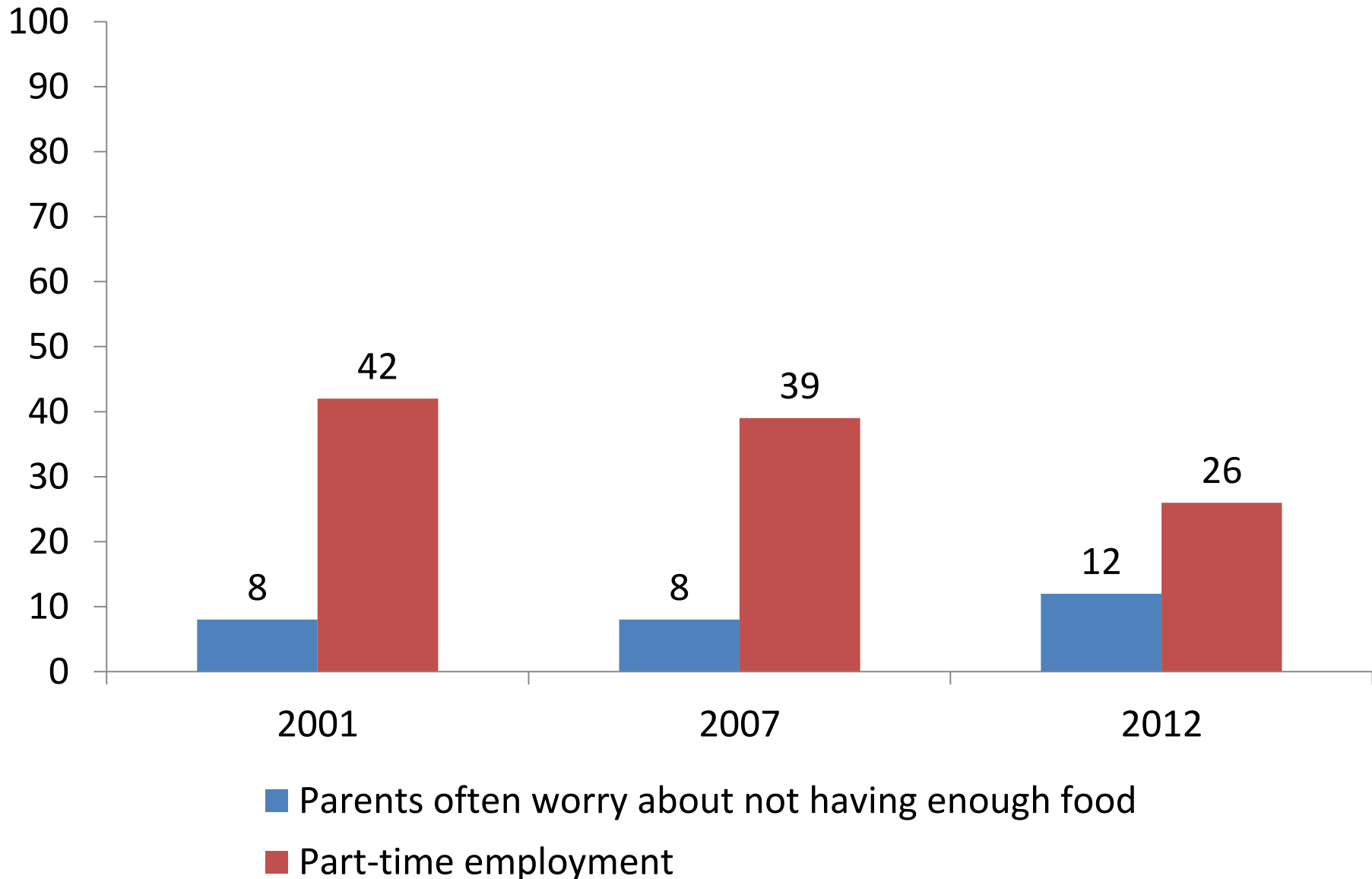


■ Happy how family get along

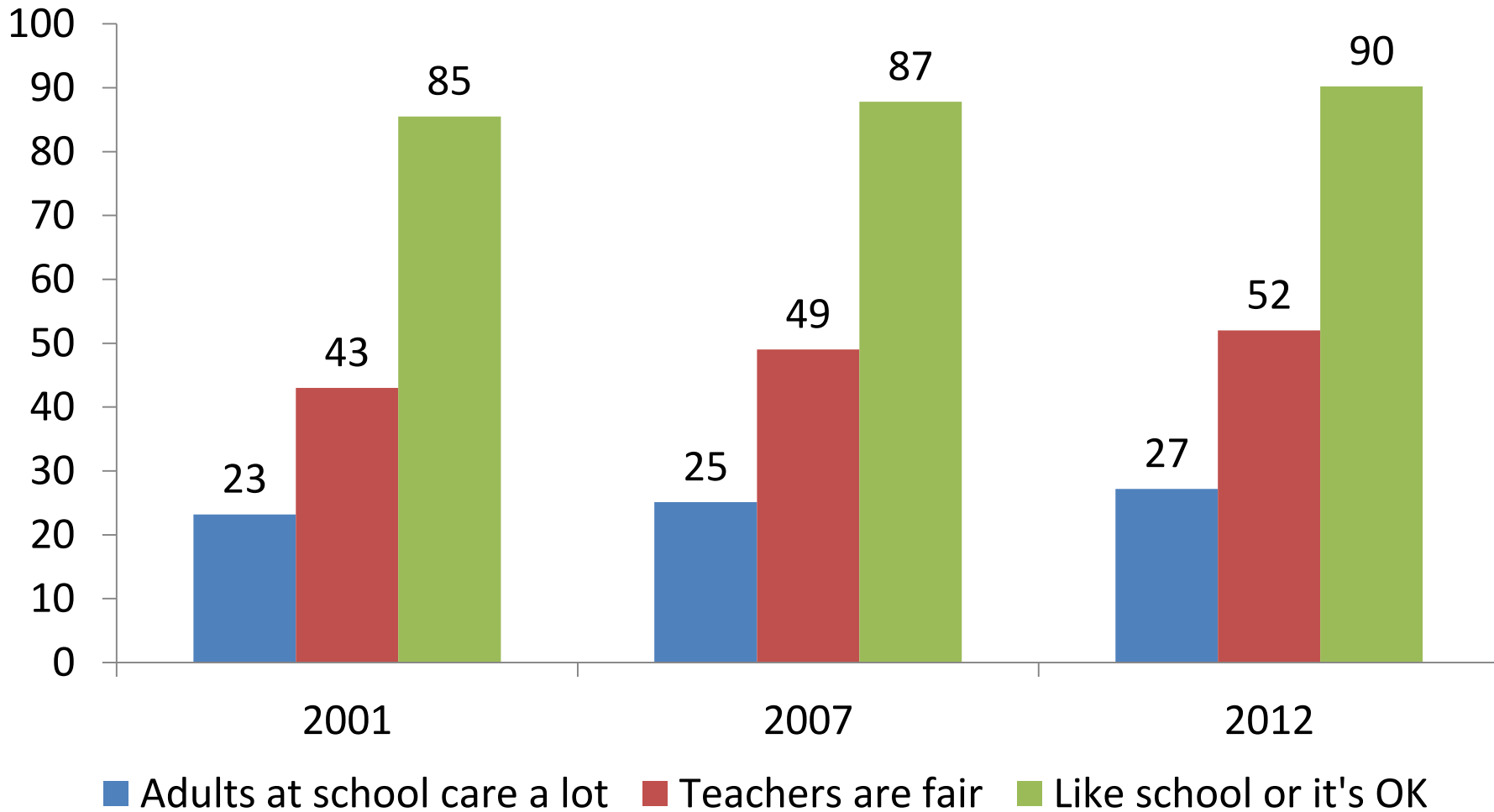
■ Parent wants to know where you are & who with

■ Spend enough time with at least one parent/person who acts as a parent

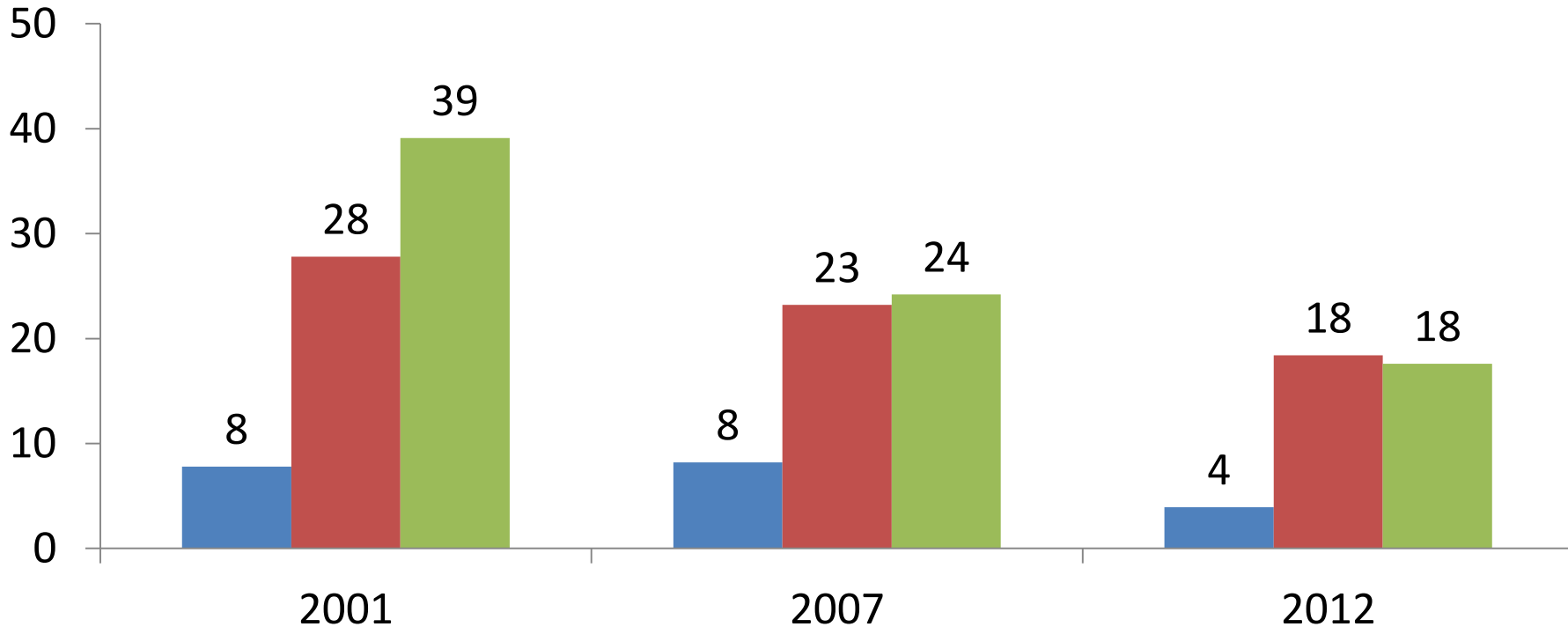
Socio-economic environments



School Relationships

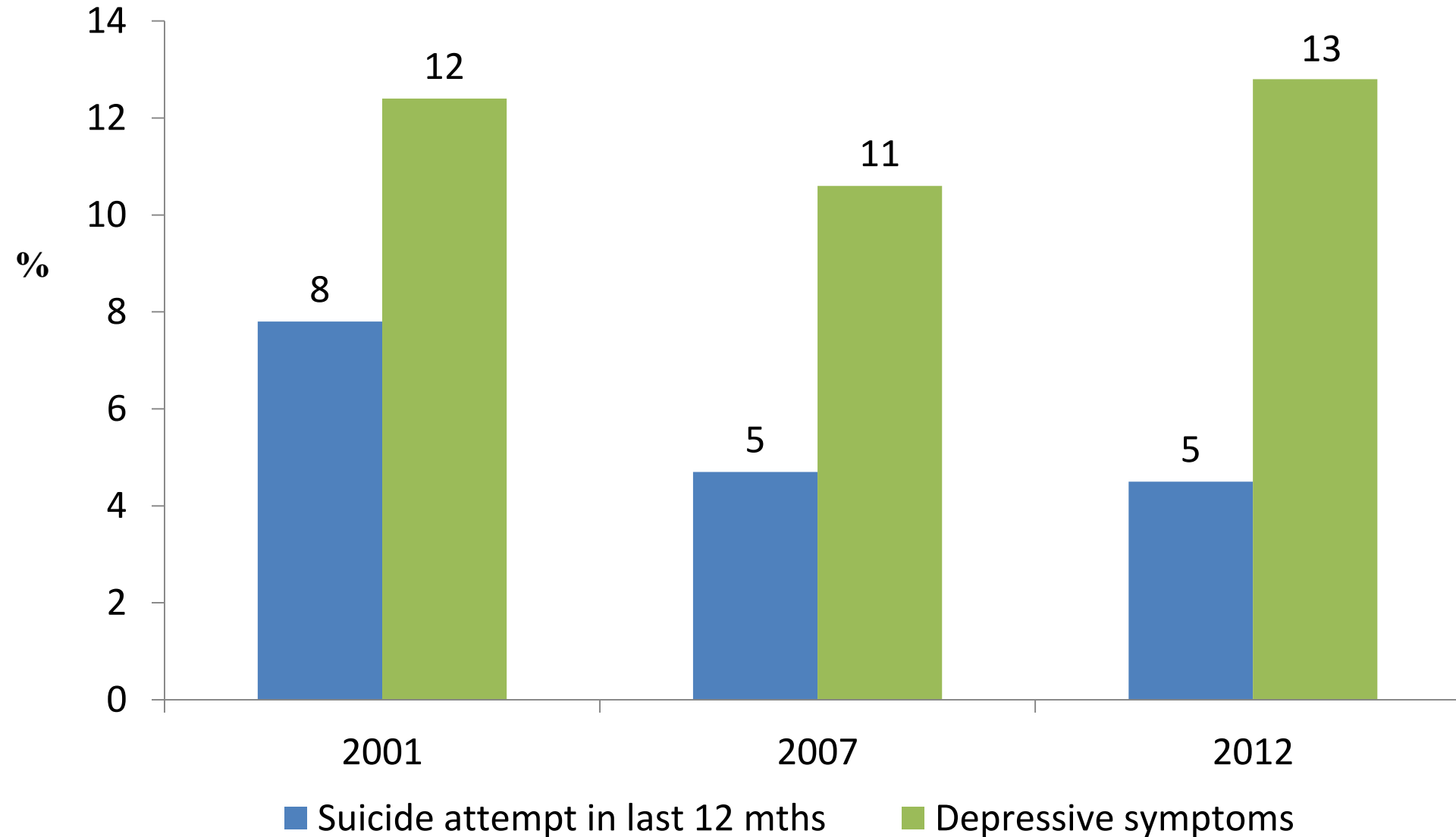


Risky driving behaviours

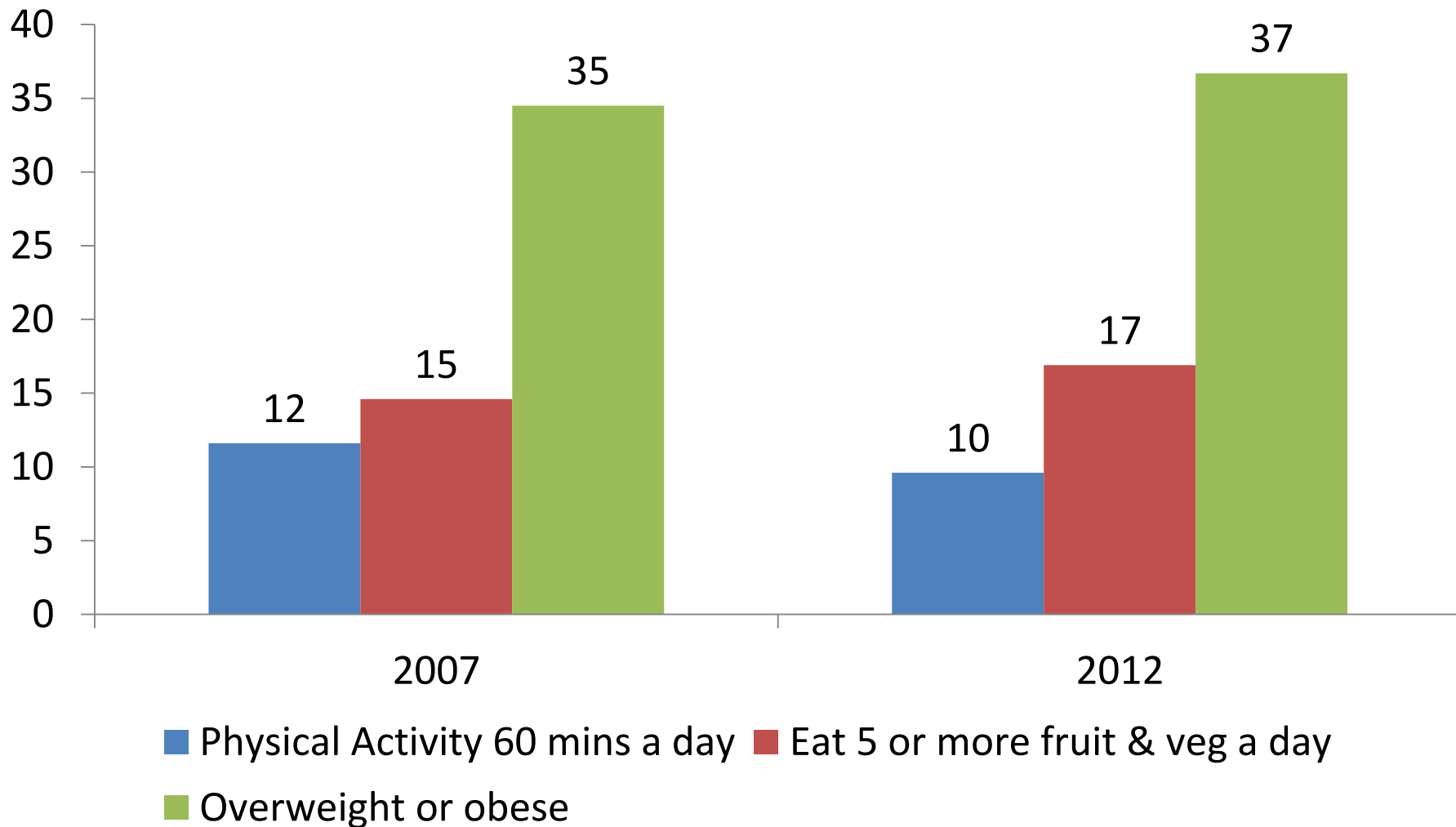


- Driven a car after drinking 2 or more glasses of alcohol
- Driven by someone who has been drinking alcohol
- Driven dangerously by someone

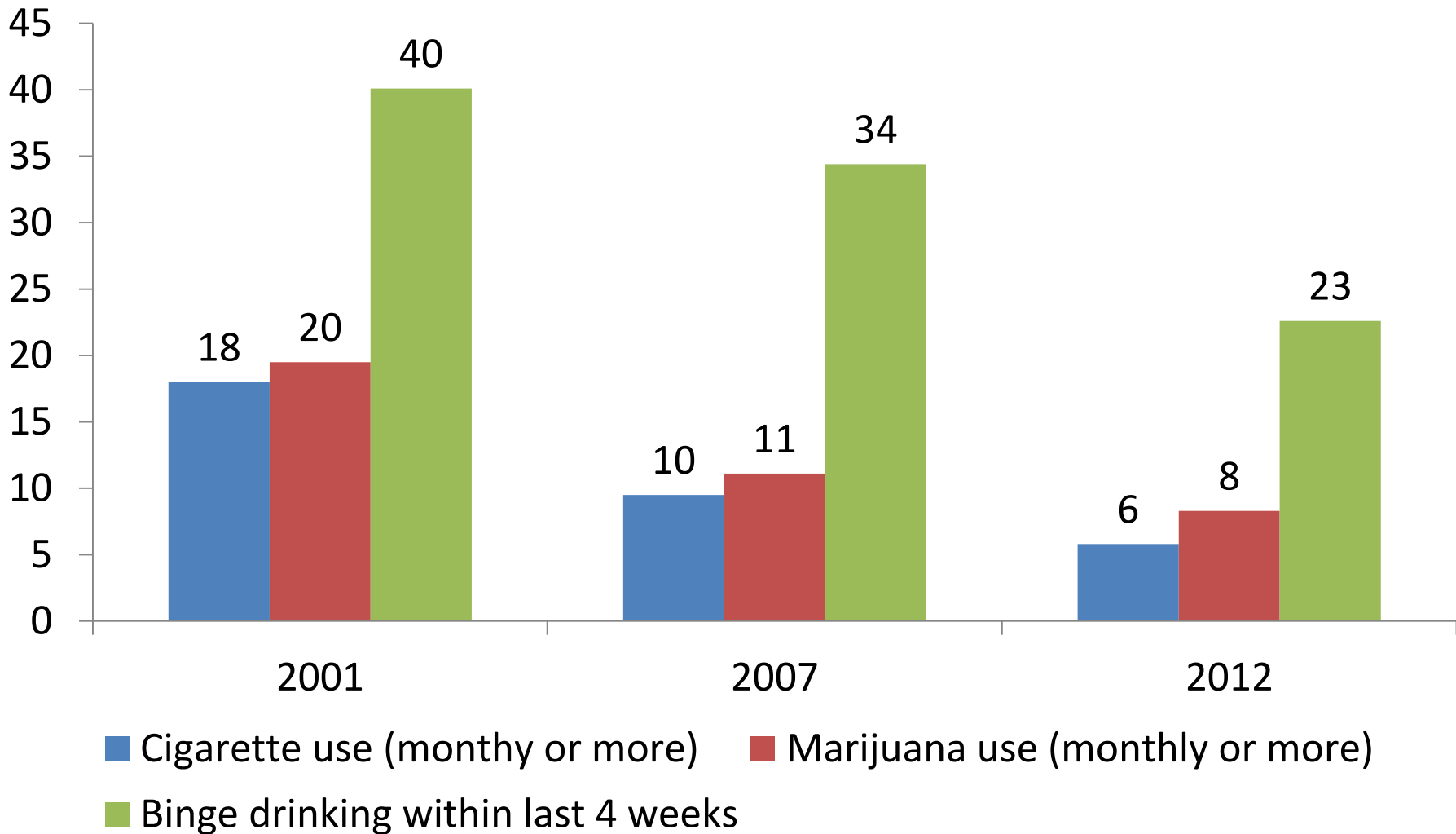
Suicide attempts & depressive symptoms



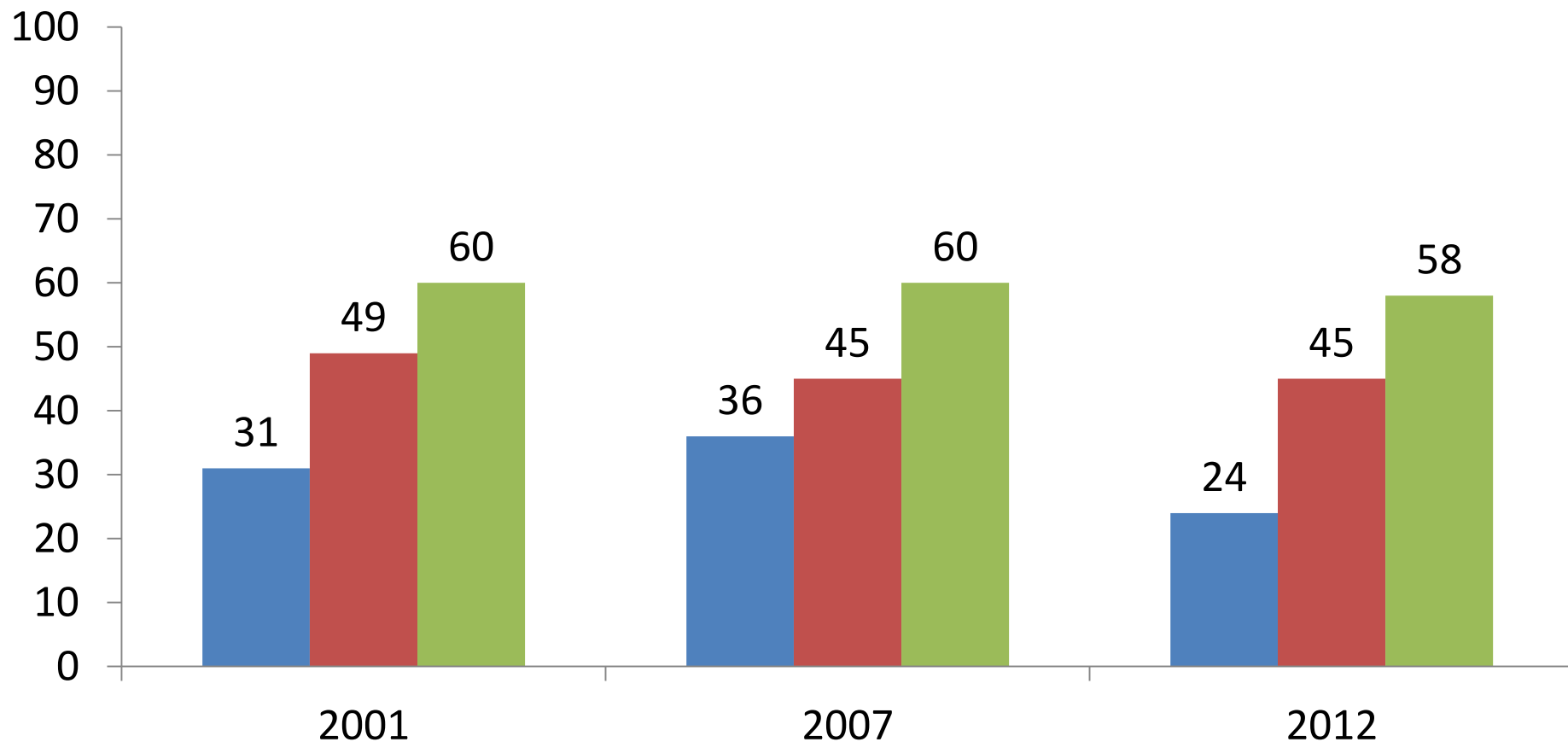
Activity, food and body size



Substance use



Sexual and reproductive health

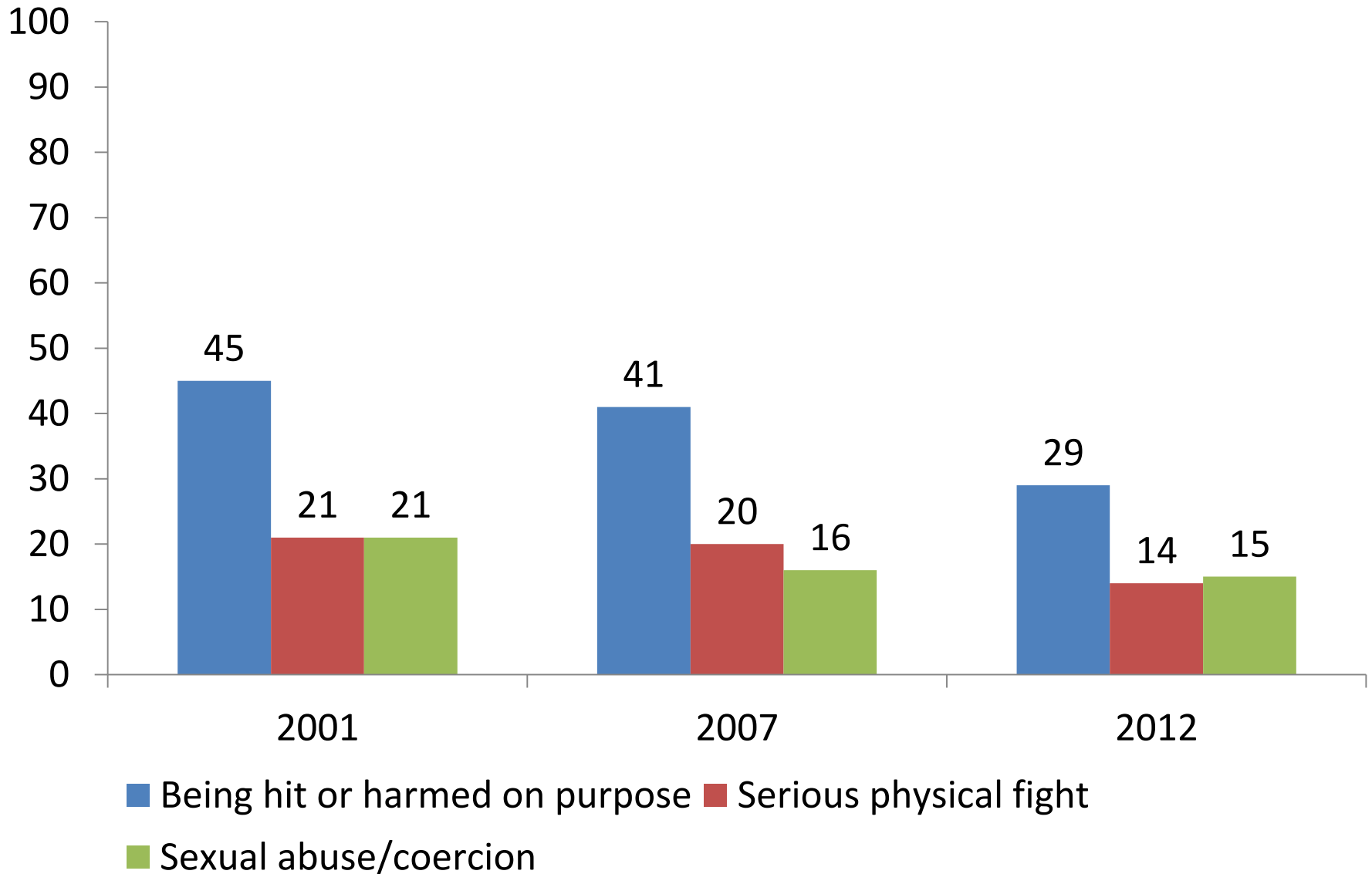


■ Ever had sex

■ Always uses condoms to prevent STI

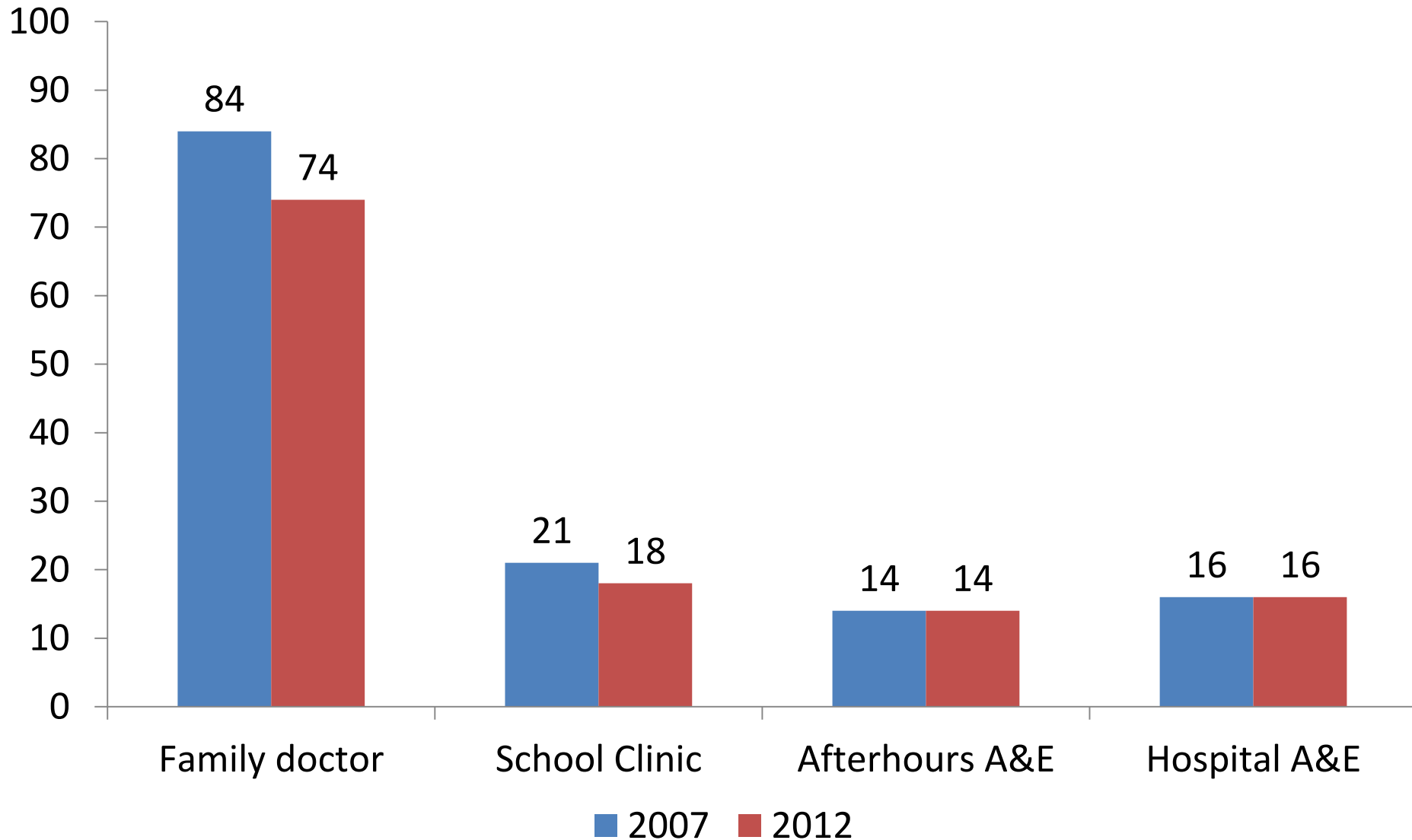
■ Always uses contraception to prevent pregnancy

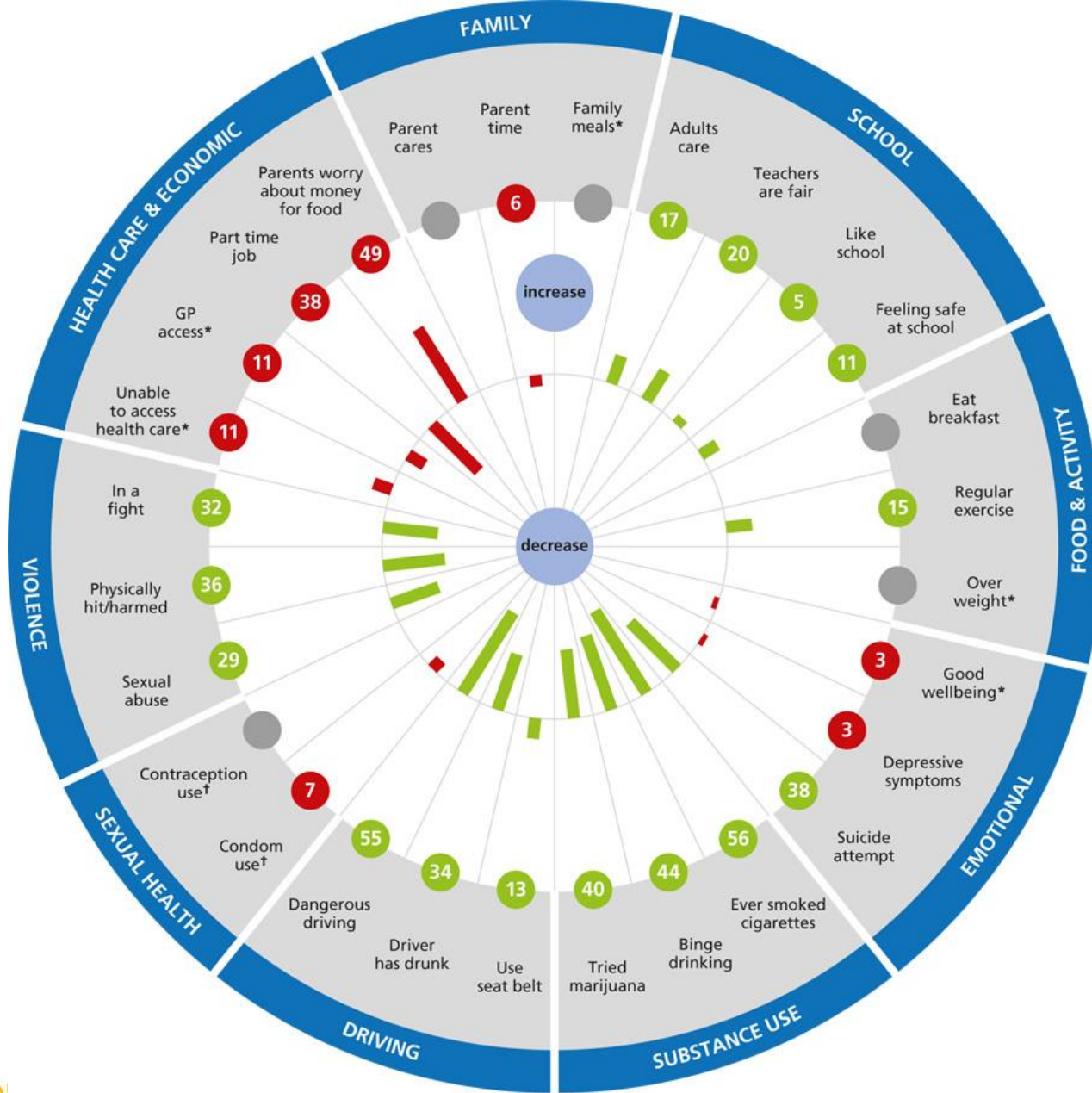
Violence



Access to services

19% unable to access services they needed in previous 12 months





PERCENTAGE CHANGES FROM 2001 TO 2012

% Positive change
 % Negative change
 ● No or minimal change

NOTE: * 2007 to 2012 (not asked in 2001) † among sexually active students

Summary (all students)

- This current generation are leading the way in making healthy decisions
- Must continue with current comprehensive and sustained strategies that are making a difference
- New priority areas: contraception/condom use, bullying, overweight, depressive symptoms
- Improve access to primary healthcare, affordable healthy food and employment opportunities

Results for Māori students

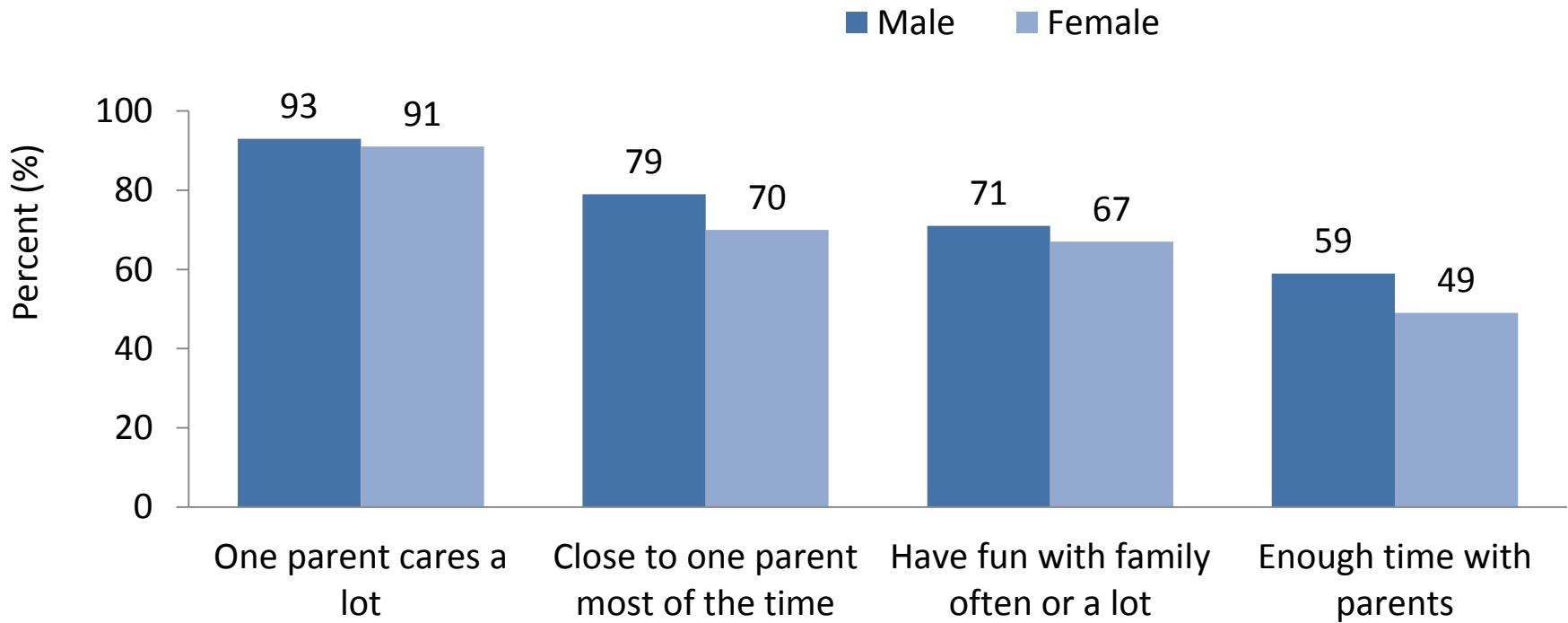
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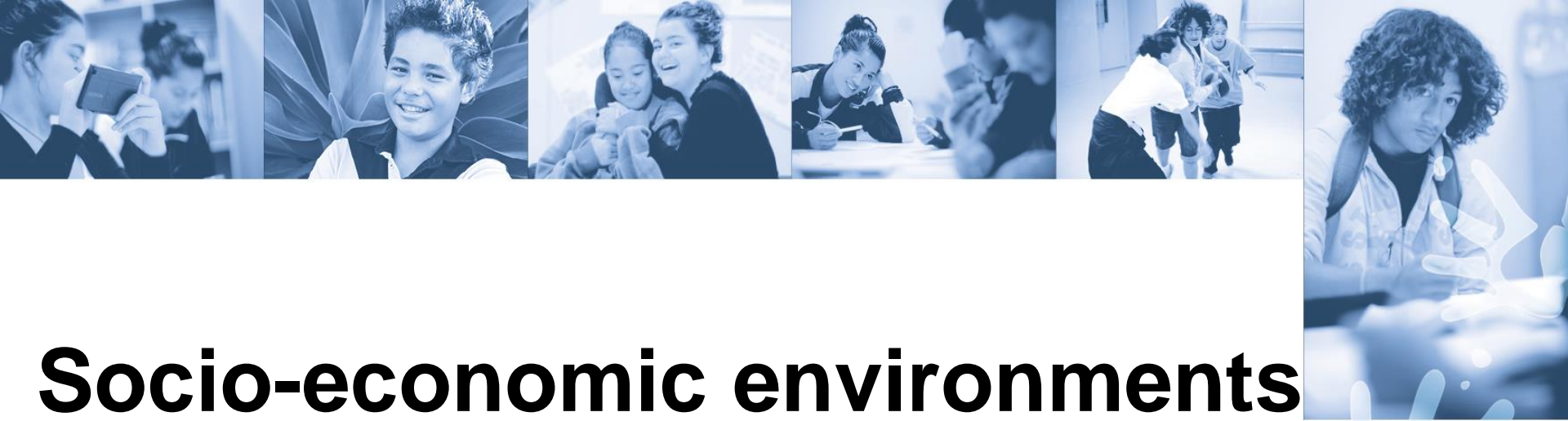
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Whānau

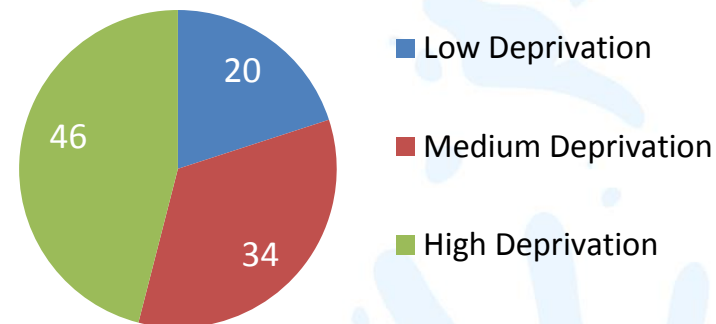




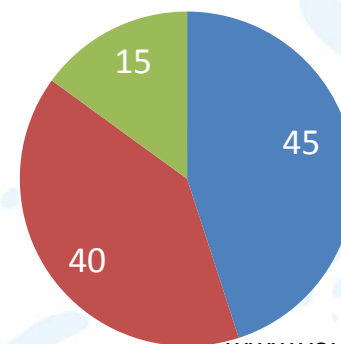
Socio-economic environments

- Taitamariki come from areas of high deprivation (low SES)
- 14% say their parents worry about not having enough food
- 6% live in overcrowded homes

Māori



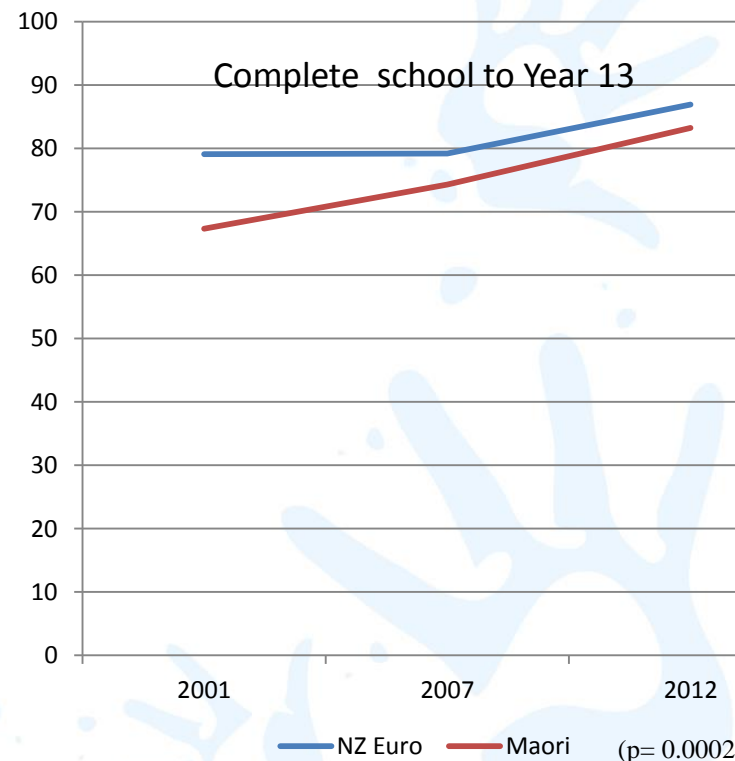
NZ European/Pakeha

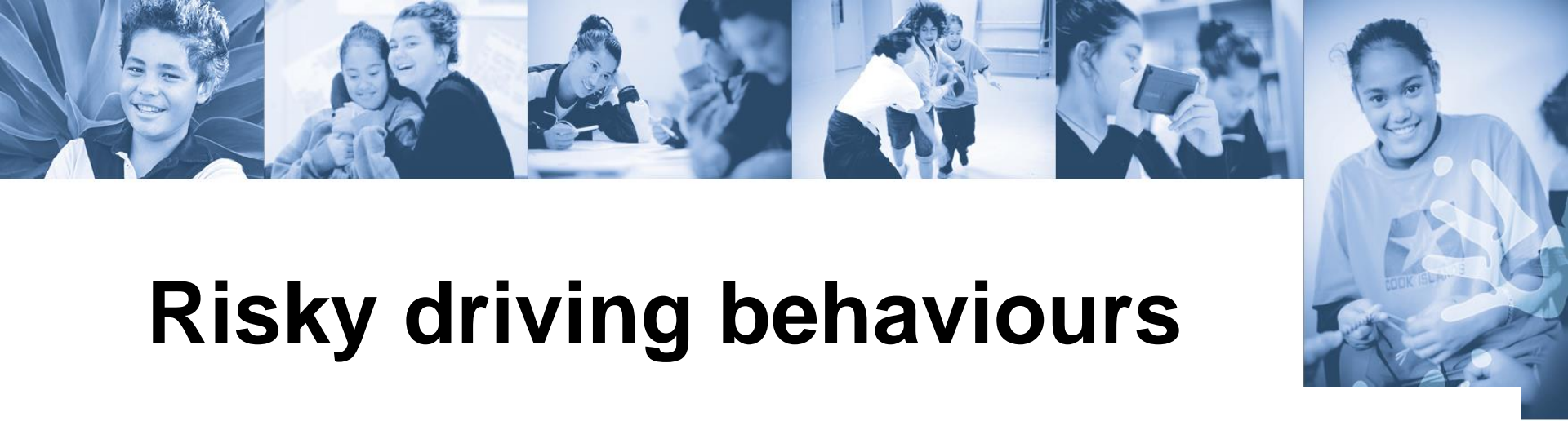




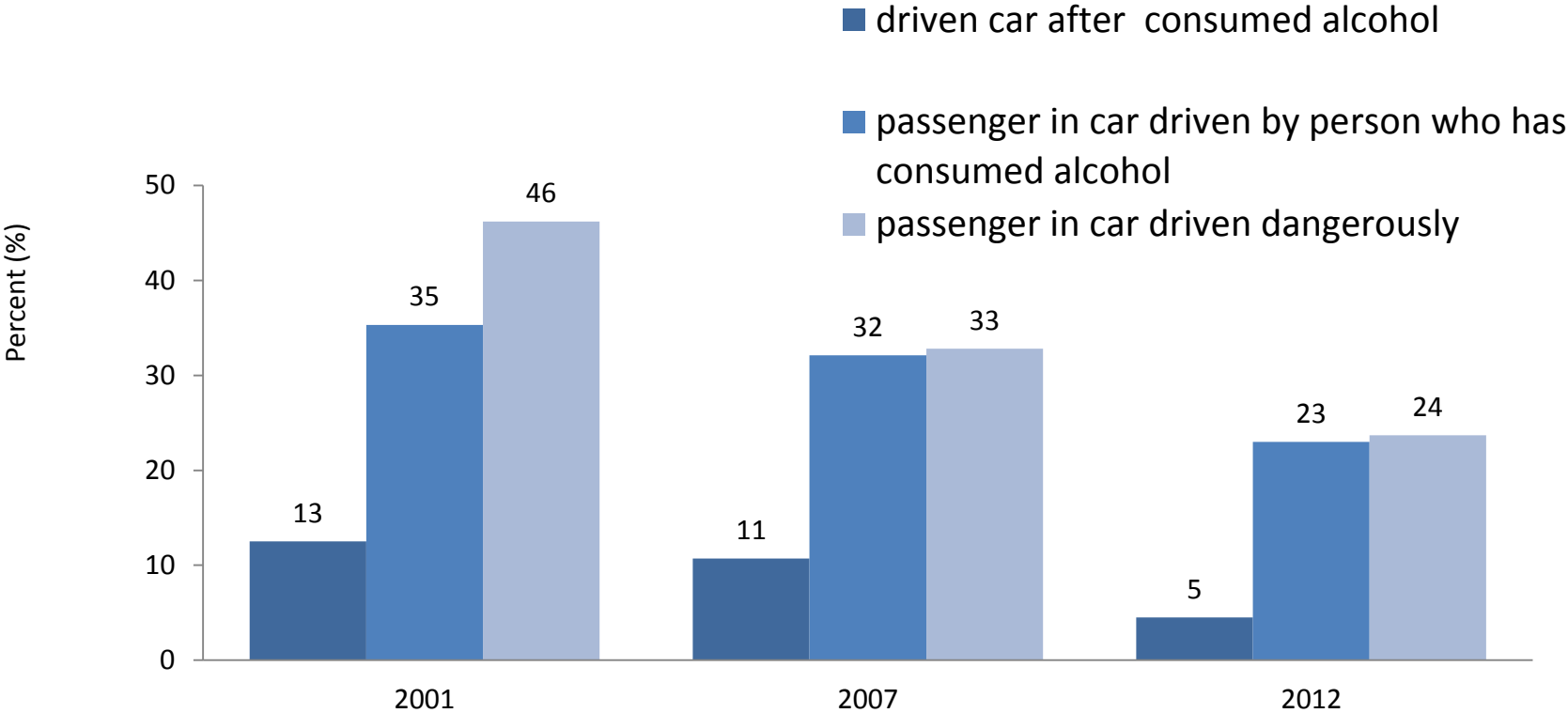
School

- Most students feel safe at school (86%)
- 6% report frequent bullying
- 25% report their teachers care about them a lot
- 43% say their teachers are fair
- 89% say their teachers expect them to do well
- 83% plan to complete school to Year 13
 - 52% pursue further education, 36% look for a job, 10% not sure





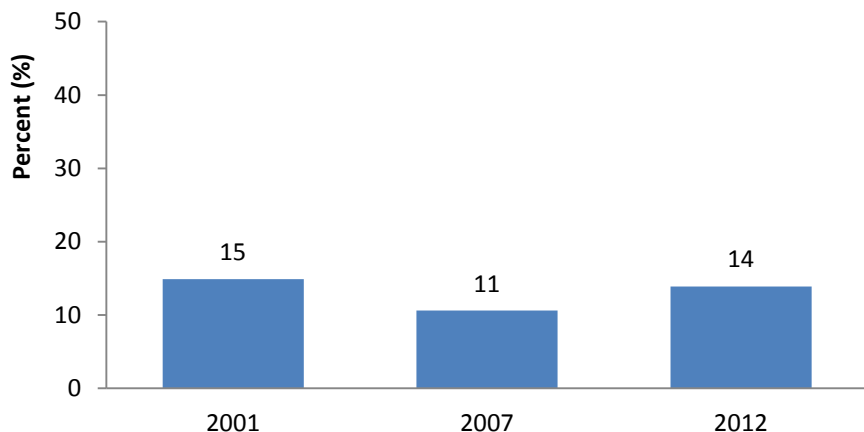
Risky driving behaviours



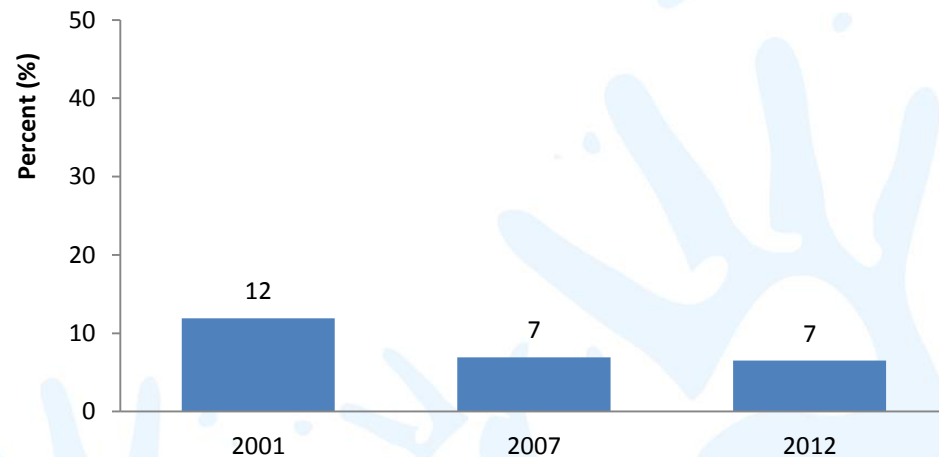


Suicide attempts and depressive symptoms

Significant Depressive Symptoms



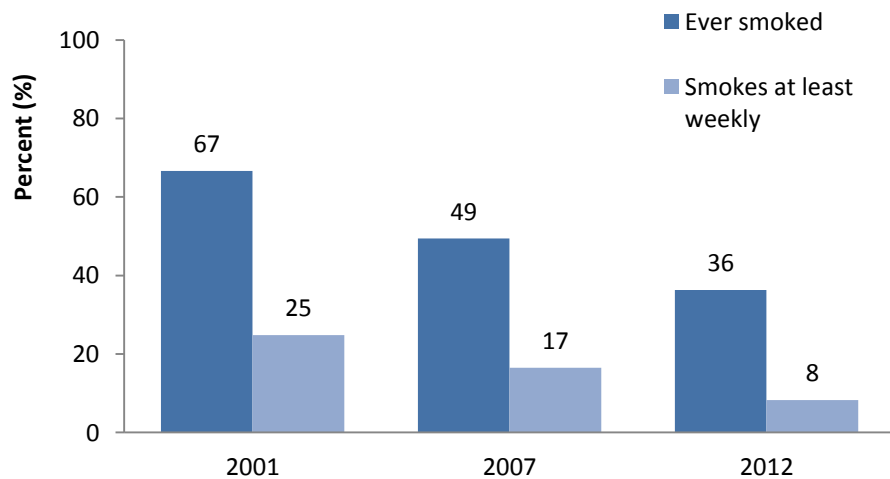
Attempted Suicide



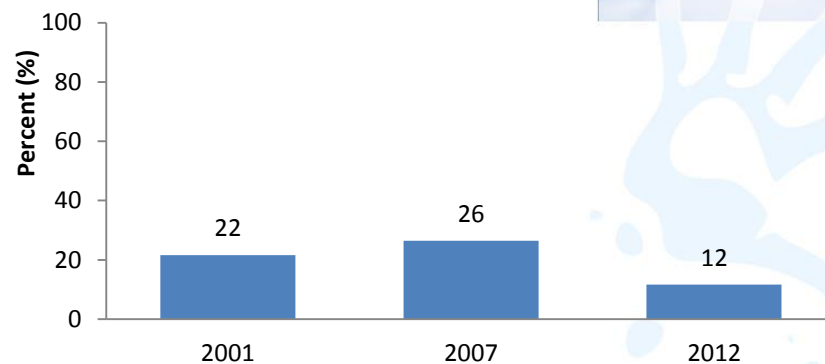


Substance use

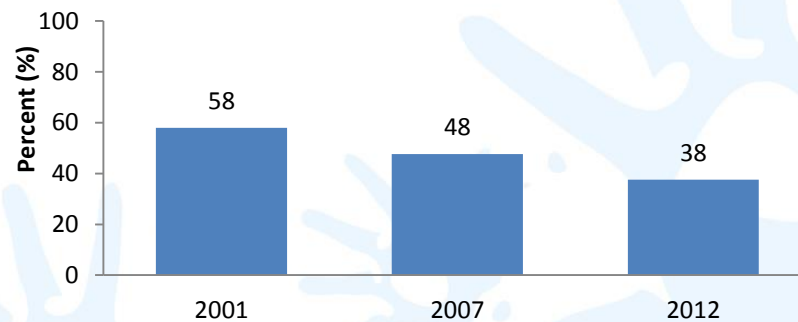
Cigarette Smoking



Drank Alcohol at least Weekly



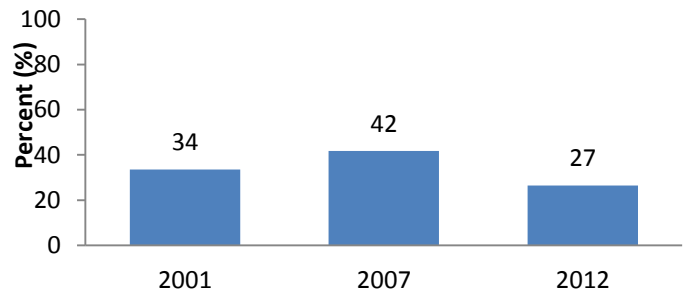
Ever used Marijuana



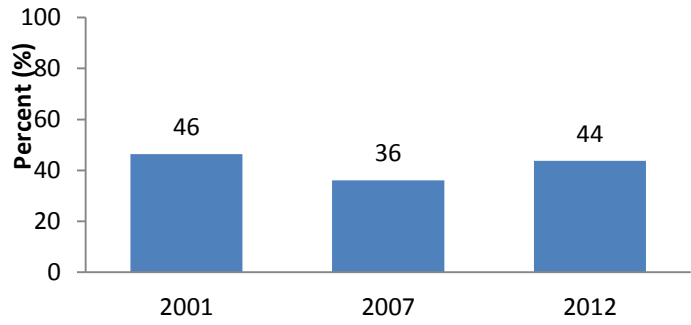


Sexual and reproductive health

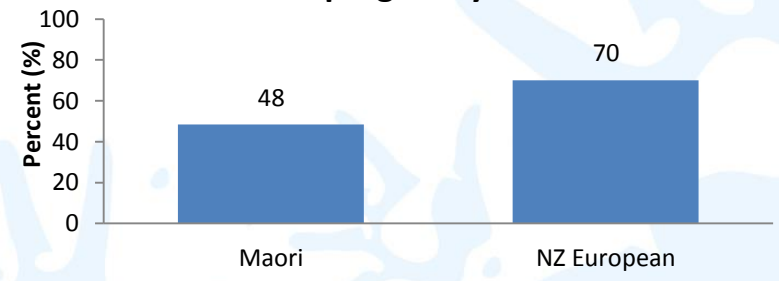
Currently sexually active



Always use a condom



Always use contraception to prevent pregnancy

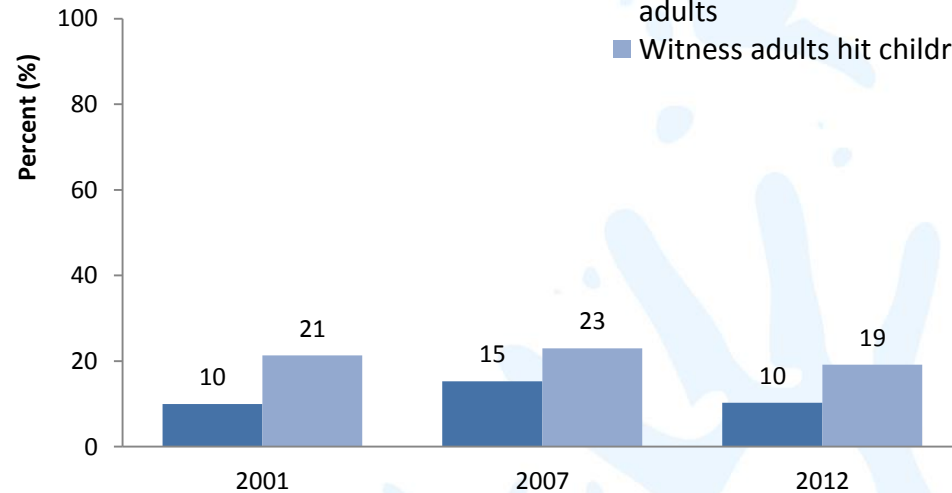
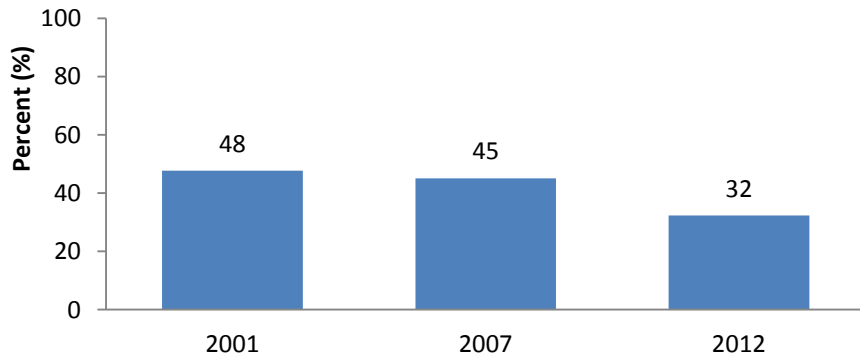




Violence

Witnessed violence in the home

Hit or physically harmed by someone in last 12 months



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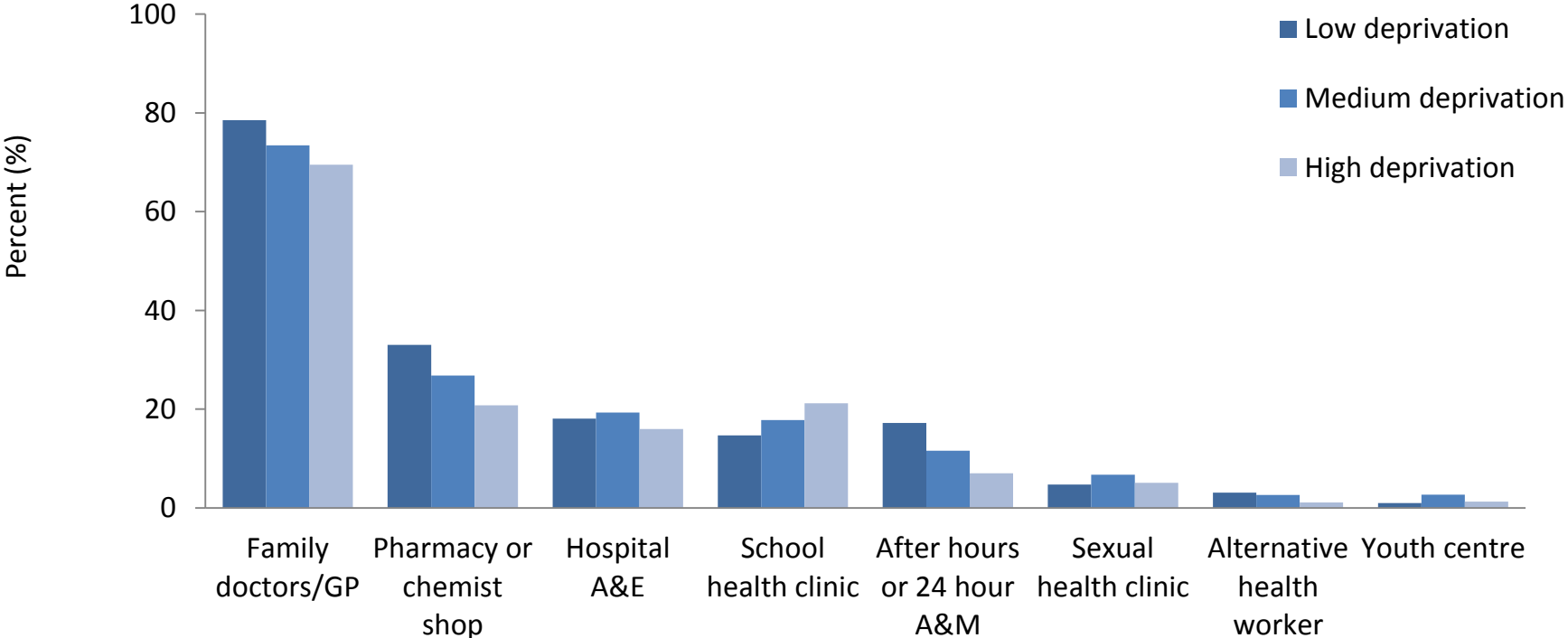

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Access to services

22% reported they were unable to access healthcare they had needed

Healthcare services accessed in last 12 months





Disparities

Less likely to report

- Feeling close to whanau
- Enough time with whanau
- Bullied at school
- Teachers treating students fairly
- People at school expecting them to do well
- Excellent, very good, good health
- GP care in past year
- Always use contraception
- Regular part time work
- Wear seat belts (esp younger students)

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More likely to report

- Unable to access healthcare
- Attempt suicide
- Be a passenger with driver who had been drinking
- Being driven by someone dangerously
- Weekly use of marijuana
- Witness adults hitting children in their home
- Witness adults hitting each other in the home
- Sexual coercion/abuse
- Feeling safe in their neighbourhood
- Being sexually active (esp younger students)
- Smoking weekly (females only)
- Be hit on purpose (females only)
- Weekly alcohol (females and younger students)



Are the disparities reducing for Māori youth?

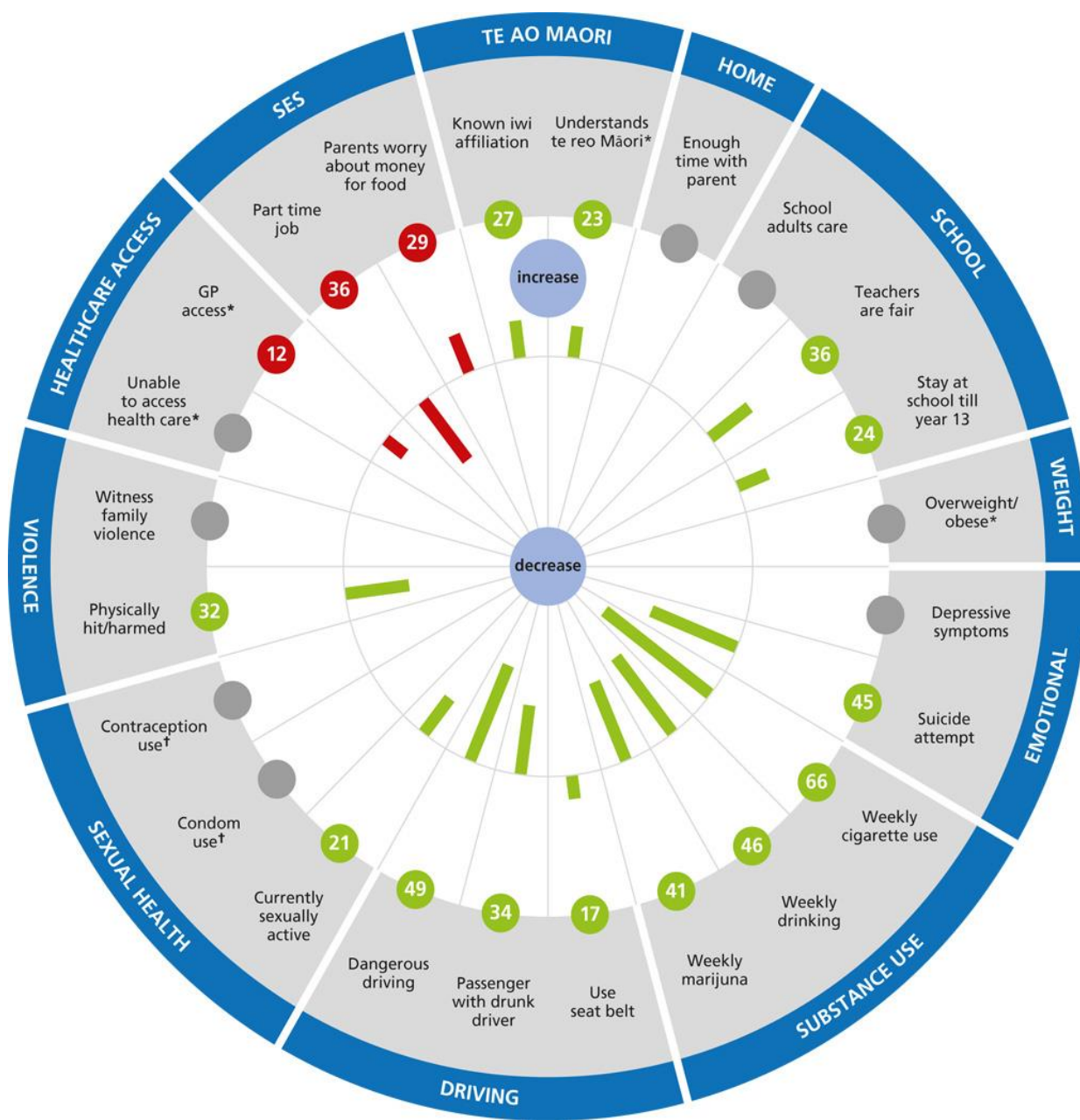
Most disparities comparing Māori to NZ European/Pākehā students show little difference BUT disparities are narrowing for:

- Students saying that they intend to complete secondary school (Year 13)
- Significant depressive symptoms
- Weekly or more frequent smoking
- Being a passenger with someone who had been drinking alcohol
- Being currently sexually active
- Witnessing violence in the home

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Percentage change for Taitamariki Māori between 2001 and 2012



% Positive change
 % Negative change
 ● No or minimal change

NOTE: * 2007 to 2012 (not asked in 2001) † among sexually active students

Summary

- This current generation of taitamariki Māori are making positive lifestyle and educational decisions
- Must continue with current comprehensive and sustained strategies that are making a difference
- New priority areas: Raising teacher expectations, sexual and reproductive health, depression, improving primary care access, affordable healthy food and facilitate employment opportunities
- Disparities for Māori youth remain
- Develop culturally responsive and effective youth specific services, programmes and policies for taitamariki

Conclusions

- High quality large comprehensive and representative datasets of youth throughout NZ over 11 years
- Data is underutilised - need for more in-depth analysis
- Welcome collaborations and secondary analysis of data
- Spark new ideas for Youth'18

Thank You

The Youth'12 project was funded by the Ministries of Youth Development, Social Development, Health, Education and Justice, the Department of Labour, the Families Commission and the Health Promotion Agency (HPA)

Thanks to all the schools and students who participated

For more detailed information please see our website

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