

Biography

Duncan Reid MHSc (Hons) BSc, Dip Physio, Dip MT, PGD (Manipulative Physiotherapy) MNZCP

Head, Division of Rehabilitation and Occupation Studies, Faculty of Health, Auckland University of Technology

Co Module Leader Musculoskeletal Physiotherapy, Masters of Health Science programme.

Duncan has had 24 years of clinical experience in Musculoskeletal Physiotherapy. He owned and operated a private practice in Morrinsville for 17 years before moving to a full time teaching position at the School of Physiotherapy at AUT in 2000. His main areas of interest are in manual and manipulative therapy especially manipulation to the cervical spine, a topic he has taught both nationally and internationally.

Duncan's experience in Sports Physiotherapy is also extensive. He has been a member of the Olympic and Commonwealth Games Medical team from 1988 until the Sydney Olympics in 2000 and was Chief Physiotherapist for the 1992, 1994 and 1996 Games. He has also been the physiotherapist and physiotherapy coordinator to Rowing New Zealand since 1988 and continues to hold this position. Duncan is the Physiotherapy Director of the New Zealand Academy of Sport (Northern region) monitoring the services of over 90 physiotherapists and over 500 elite athletes. He is also the Physiotherapy Coordinator for Bowls New Zealand and has had extensive involvement with national and international level Hockey and Swimming. He is co director of the AUT Golf Swing Clinic

Research

Duncan completed his Master thesis in 2002 investigating the influence of hamstring extensibility on the lumbar and pelvic angles in rowers. This was one of a number of rowing related projects undertaken in the last 3 years. Other projects include the effect of the Glasstron Goggles Training System on rowing performance and posture, a project undertaken collaboratively with the Division of Sport and Recreation. He has also been involved in the development of clinical practice guidelines for knee and shoulder injuries. He is currently undertaking his Doctor of Health Science investigating stretching interventions in OA knee patients.