

# Third International Asian Health & Wellbeing Conference

Monday 8<sup>th</sup> & Tuesday 9<sup>th</sup> September 2008

## Theme

### *Building Healthy Communities: North and South*

The University of Auckland is delighted to announce that the Faculty of Medical and Health Sciences will host the **Third International Asian Health and Well-being on 8<sup>th</sup> and 9<sup>th</sup> September 2008**. The conference is organised by the Centre for Asian Health Research and Evaluation (CAHRE), a research centre at the School of Population Health, in partnership with The Asian Network Inc. (TANI), a pan-Asian community organisation working to improve quality of life and well-being for Asian New Zealanders.

The theme of the conference, *Building Healthy Communities: North and South*, highlights the need for raising awareness of current health issues in Asian communities throughout both North and South Islands. **The post-conference symposium (Thursday 11<sup>th</sup> September, 2008)** will be held in Christchurch and aims to provide an excellent opportunity for health professionals, researchers and community leaders in the South Island to share their expertise and experience in working with Asian communities. The theme of the conference is also symbolic of the Northern and Southern hemispheres, with an intention to examine the health and well-being issues among Asian communities globally.

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## Keynote Speakers

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**Professor Grace Ma, Ph.D.**

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Professor Ma is a tenured full Professor in the Department of Public Health and Director of Centre for Asian Health, College of Health Professions at Temple University. She is also the President of Asian Community Cancer Coalition and Asian Health Foundation, USA.

Her research collaboration extends to the Southeast and Southwest regions of China. The international component of her research focuses on longitudinal studies of tobacco and cancer control in China. Dr. Ma has authored or co-authored 5 books and over 75 peer reviewed publications and delivered over 280 professional presentations at regional, national and international conferences.



**Dr Daya Somasundaram**

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Dr Daya Somasundaram is working in Australia as a consultant psychiatrist at Glenside Hospital, and Clinical Associate Professor at the University of Adelaide, Australia. His research and publications have mainly concentrated on the psychological effects and treatment of disasters including the long-term effects on communities.

He is a Fellow of the Royal College of Psychiatrists, UK. He was also a Senior Professor of Psychiatry at the Faculty of Medicine, University of Jaffna and Consultant Psychiatrist working in Northern Sri Lanka for over a decade.

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## Featured Speakers

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**Dr Elsie Ho**

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Dr Elsie Ho is a Senior Research Fellow in the Migration Research Group of the University of Waikato where she has been based since 1990. She is also currently one of the co-ordinators of the Building Research Capability in the Social Sciences (BRCSS) New Settler Researchers Network that has been funded by the New Zealand Tertiary Education Commission, as well as a consulting editor of the *Journal of Immigrant and Refugee Studies*.



### **Assoc. Prof. James Liu**

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James is the Deputy Director of the Centre for Applied Cross Cultural Research, School of Psychology, Victoria University of Wellington. Over the years, Foundation for Research, Science and Technology funded an extensive series of survey and interview research on positive aging in New Zealand Chinese and New Zealand European communities.



### **Professor Elaine Rush**

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Following the completion of MSc and PhD at the University of Auckland she has research expertise in the measurement of body composition, energy expenditure, physical activity, nutrition and risk factors for disease.

Her particular interest in ethnic differences particularly among Maori, Pacific Island, European and Indian populations in New Zealand has led to over 55 peer-reviewed publications.



### **Dr Sai Wong**

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Dr Sai Wong is a consultant psychiatrist in Auckland and a Honorary Clinical Senior Lecturer at the Department of Psychological Medicine, the University of Auckland. Since 2002, Dr Sai Wong has set up the Cross-Cultural Interest Group to raise awareness and to enhance understanding and skills in cross-cultural clinical work, providing a free forum for sharing and discussion. Topics have included ethics in cross-cultural practice, perceptions of mental illness from diverse Asian cultural perspectives and the use of Indian tradition medicine.



### **Dr Ekramul Hoque**

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Dr Hoque completed his MPH in 1999 and subsequently PhD in Epidemiology (2004) from the University of Auckland. His expertise is in epidemiological research in communicable and non-communicable diseases nationally and internationally.

His current research interests include risk of CVD & diabetes especially among South Asians; UV exposure & Vit-D status (he is part of the current New Zealand study); food habit, lifestyle & health access issues among ethnic populations; and injury prevention research.



### **Ms Grace Joshy**

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Grace Joshy is a Research Fellow with the University of Auckland's Waikato Clinical School. Having gained her MSc in Biostatistics, she is nearing completion of her PhD in Diabetes Epidemiology. She also has several years of experience in diabetes research based at Novo Nordisk Singapore, working with research studies and clinical trials in the Asia Pacific region.

Her research is mainly on prevalence and complications of diabetes in New Zealand, especially among Maori, Pacific Islanders and Asians.



### **Dr Lorna Christine Te Aroha Dyall**

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Dr Dyall studied social sciences at Waikato University in the 1970s and graduated with a Master in Social Sciences (Hons) degree in 1978 with a focus on women's studies. She also graduated with a Master's degree in Public Policy and Postgraduate Diploma in Community Health. Her PhD focused on gambling as an emerging health issue for Maori. Her current areas of research are health and well-being of children and younger people of Maori and non Maori. She is a member of the Centre for Asian Health Research and Evaluation Advisory Board at the School of Population Health, the University of Auckland.



### **Dr Susan Morton**

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Dr Susan Morton is an epidemiologist and specialist in Public Health Medicine. She holds a joint appointment as a Clinical Senior Lecturer at the School of Population Health and the Liggins institute at the University of Auckland. Her major research interests relate to longitudinal data collection and analysis and translational research which aims to provide robust evidence to inform public policy.

She is currently the director of a government funded longitudinal study of New Zealand Children and Families in which she works in partnership with the Centre for Asian Health Research and Evaluation to ensure that the study will provide valuable and previously unavailable detailed information regarding the development of Asian children born in New Zealand in the 21<sup>st</sup> century.

Please visit our website for more information:

<http://www.health.auckland.ac.nz/population-health/cahre/>

**Please Note:**

***2008 Building Research Capacity in the Social Sciences, New Settler's Conference***

This year, the BRCSS New Settler's conference will be in Auckland on Sept 10, following the Asian Health and Wellbeing conference Sept 8-9 2008. For details please see:

<http://groups.google.co.nz/group/brcss-researchers/>

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## Supporters



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## Sponsors



**ADDITIONAL SPONSORS ARE BEING SOUGHT**

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## Registration Form / Tax Invoice

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Mr / Ms / Mrs / Dr / Professor (*Please circle*)

Name (*First Name and Surname. Please print*):

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Mobile:

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Special Dietary Requirements:

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### **A. Auckland Conference Fees**

(*8<sup>th</sup> & 9<sup>th</sup> September, incl GST, Morning Tea, Lunch, Afternoon Tea & Cocktails*)

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| <input type="checkbox"/> <b>Early Bird Registration (Before Monday 14<sup>th</sup> July)</b>   | \$350 |
| <input type="checkbox"/> Full Registration   | \$450 |
| <input type="checkbox"/> Unwaged student and staff working for registered charitable trust<br>(Conditions applied with limited spaces & before Monday 14 <sup>th</sup> July) | \$200 |
| <input type="checkbox"/> Day Registration  | \$200 |
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**B. Conference Dinner** (Monday 8<sup>th</sup> September)  
(Buffet Dinner includes non-alcoholic drinks & GST)

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|--|------|
| <input type="checkbox"/> Conference Dinner | \$80 |
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**C. Christchurch Post-conference Symposium**  
(Thursday 11<sup>th</sup> September)

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|---|-------|
| <input type="checkbox"/> <b>Early Bird Registration (Before Monday 14<sup>th</sup> July)</b>  | \$100 |
| <input type="checkbox"/> Full Registration  | \$130 |
| <input type="checkbox"/> Unwaged student and staff working for registered charitable trust<br>(Conditions applied with limited spaces & before Monday 14 <sup>th</sup> July.) | \$80  |

Total Payment Made \$ \_\_\_\_\_

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**D. Payment Option**

To secure your place on the *Third International Asian Health and Well-being Conference*, please complete this registration form, detach and return with a **cheque** for the registration fee made payable to:

**The University of Auckland**

*Send to the:*

Centre for Asian Health Research and Evaluation  
School of Population Health, Tamaki Campus  
The University of Auckland, Private Bag: 92 019  
Auckland, New Zealand  
Attn: Sun Kim

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**Conference**

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## **Monday & Tuesday, 8<sup>th</sup> & 9<sup>th</sup> September 2008**

The main conference will be held on **Monday & Tuesday, 8<sup>th</sup> & 9<sup>th</sup> September 2008**. The conference will focus on the following themes:

1. Traditional health practices and innovative services to build healthy communities
2. Access to health care services: primary health care and screening services
3. Mental health, family violence and gambling
4. Life style issues: related to obesity, diabetes, cardiovascular diseases and injuries prevention

## **Conference Venue**

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The University of Auckland, School of Population Health,  
Tamaki Campus, North Entrance (Gate No: 1),  
261 Morrin Road, Glenn Innes, Auckland.

## **Conference Dinner**

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To be held at Waipuna Hotel on **Monday 8<sup>th</sup> September, 2008**.

Waipuna Hotel is one of the New Zealand's largest conference and accommodation venues. It is located only 15 minutes drive from Auckland International Airport, and overlooks a natural saltwater lagoon.

## **Post-Conference Symposium**

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**Thursday 11<sup>th</sup> September 2008**

### **Holiday Inn on Avon Christchurch**

356 Oxford Terrace  
Christchurch  
Phone No.: (03) 379 1180

## **Accommodation**

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Special rates have been negotiated with the hotels below. Please quote 'Third Asian Health Conference' at the time of booking to qualify.

### **Waipuna Hotel**

*Bureau Twin Room – per room/per night:*

NZ\$ 139.00+GST

Please contact Waipuna Hotel Reservation at:

Phone: 0064-9-526 3003 Fax: 0064-9-527-1937

Email: [res@waipunahotel.co.nz](mailto:res@waipunahotel.co.nz)

For more information please visit: [www.waipunahotel.co.nz](http://www.waipunahotel.co.nz)

### **Novotel Ellerslie and Hotel Ibis Ellerslie**

**Novotel** *Superior room – per room/per night:*

NZD\$ 271.00 (Inclusive of tax)

NZD\$ 295.00 (Inclusive of tax and breakfast for one person)

**Hotel Ibis** *Standard room – per room/per night:*

NZD\$ 155.00 (Inclusive of tax)

NZD\$ 179.00 (Inclusive of tax and breakfast for one person)

Please contact Novotel or Hotel Ibis Reservations at:

Phone: 0064-9-529 9095 Fax: 0064-9-529 9092

For more information please visit: [www.accorhotels.co.nz](http://www.accorhotels.co.nz)

## **Conference Cancellation Policy**

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1. You may either send a substitute in your place, or
2. Confirm your cancellation in writing before **Thursday 31<sup>st</sup> July, 2008** and receive a refund, less \$80 administration fee. Regrettably, no refunds will be made after this date.

## **Sightseeing and Local Tours**

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## **Pre Conference Excursions or Tours on Sunday 7<sup>th</sup> September, 2008.**

Auckland has many fine art galleries and the Auckland Museum has the finest Maori and Pacific collections to be seen anywhere.

*So much to see, so little time unless you can stay longer!*

Please visit Tourism Auckland at: [www.aucklandnz.com](http://www.aucklandnz.com)

## **Contact Information**

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### **For further enquiries please contact:**

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### **For programme enquiries please contact:**

Dr Samson Tse

Email: [s.tse@auckland.ac.nz](mailto:s.tse@auckland.ac.nz)

### **For more information on CAHRE, visit:**

[www.health.auckland.ac.nz/population-health/cahre](http://www.health.auckland.ac.nz/population-health/cahre)