



THE UNIVERSITY
OF AUCKLAND

FACULTY OF MEDICAL
AND HEALTH SCIENCES

2012

School of Nursing Postgraduate Courses and Prescriptions



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Disclaimer

Although every reasonable effort is made to ensure accuracy, the information in this document is provided as a general guide only for students and is subject to alteration.

All students enrolling at the University of Auckland must consult its official document, the 2012 Calendar of the University of Auckland, to ensure that they are aware of and comply with all regulations, requirements and policies.



School of Nursing Courses and Prescriptions



Introduction

These schedules and prescriptions are intended as an introductory guide for students and staff regarding the postgraduate programmes that are offered by the School of Nursing. It should be supplemented with the following publications:

- The University of Auckland *Calendar 2012*
- The Faculty of Medical and Health Sciences *Postgraduate Prospectus 2012*
The University of Auckland Statute and Guidelines for the Degree of *Doctor of Philosophy 2008 Handbook*
- The School of Nursing Handbook

Please view this handbook on the website:

www.health.auckland.ac.nz/son

The links given will take you directly to the website of the areas you are investigating.

Contacts

Students are invited to approach the following staff for information, advice and assistance regarding the programmes outlined in this handbook.

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Important dates

Semester One - 2012	
Semester One begins	Monday 27 February
Mid-semester / Easter break	Friday 6 April - Friday 20 April
ANZAC Day	Wednesday 25 April
Graduation	Thursday 3, Monday 7, Wednesday 9, Friday 11 May
Lectures end	Friday 1 June
Study break/exams	Saturday 2 June - Monday 25 June
Queen's Birthday	Monday 4 June
Semester One ends	Monday 25 June
Inter-semester break	Tuesday 26 June - Friday 13 July
Semester Two - 2012	
Semester Two begins	Monday 16 July
Mid-semester break	Monday 27 August - Friday 7 September
Graduation	Tuesday 18 September and Thursday 20 September
Lectures end	Friday 19 October
Study break/exams	Saturday 20 October - Monday 12 November
Labour Day	Monday 22 October
Semester Two ends	Monday 12 November
Semester One - 2013	
Semester One begins	Monday 4 March 2013

Schedules and prescriptions



Master of Nursing schedule 2012

Course	Name	Points	Semester	
NURSING 701	Clinical Project	30	1	2
NURSING 702	Developing Nursing Practice	30		2
NURSING 706	Pharmacology and Pharmacokinetics for Nurses	15	1	2
NURSING 714	Nursing Practicum 1 - Special cohorts only (students must contact School of Nursing)	15		2
NURSING 716	Primary Health Care of Children and Adolescents	15	1	
NURSING 719	Speciality Nursing Knowledge & Practice (contact School of Nursing for 2012 options)	15	1	2
NURSING 722	Principles of Therapeutics for Advanced Nursing	15	1	2
NURSING 730	Knowledge/Science in Speciality Nursing (contact School of Nursing for 2012 options)	30	1	2
NURSING 732	Nursing Leadership Practicum	30		2
NURSING 735	Clinical Education Practicum	30		2
NURSING 736	Health Policy and Nursing (offered in 2013)	30		
NURSING 737	The Scholarship of Practice	30		2
NURSING 738	Long Term Condition Management in Primary Health Care	30	1	
NURSING 739	Advanced Rural Nursing (offered in 2013)	30		
NURSING 740	Prescribing in Advanced Nursing Practice	30	1	2
NURSING 741	Education in Clinical Practice	30	1	
NURSING 742	Biological Science for Practice	30	1	2
NURSING 743	Advanced Nursing Practicum	30	1	
NURSING 745	Special Topic - Principles of Medication Management	30	1	
NURSING 746	Evidence Based Practice and Implementation	30	1	
NURSING 747	Mental Health Nursing of Older Adults	30		2
NURSING 753	Speciality Practice in Mental Health Nursing I	30	1	
NURSING 754	Legal Issues in Mental Health Nursing	15	1	
NURSING 756	Speciality Practice in Mental Health Nursing II	30		2
NURSING 758	Advancing Clinical Expertise in Nursing	15		2
NURSING 760	Cognitive and Behaviour Therapy in Nursing Practice (offered in 2013)	15		
NURSING 765	Nursing the Client with Breast Cancer (offered in 2013)	15		
NURSING 768	Research Methods in Nursing and Health	15	1	2
NURSING 770	Clinical Practice Development	30	1	2

Course	Name	Points	Semester	
NURSING 771	Chronic Care Interventions	30		2
NURSING 772	Population Health and Primary Health Care Nursing	30		1
NURSING 773	Advanced Assessment and Clinical Reasoning	30	1	2
NURSING 774	Nursing in Acute Mental Health Settings	30		2
NURSING 775	Leadership and Management for Quality Healthcare	30	1	
NURSING 776	Assessment and Clinical Decision Making in Mental Health Nursing	30	1	
NURSING 777	Advanced Mental Health Nursing in its Social Context	30		2
NURSING 778	Health Promotion and Early Detection of Cancer	30		2
NURSING 795	Dissertation	60	1	2
POPLPRAC 727	Mental Health in Old Age	15	1	
POPLPRAC 756	Adult Rehabilitation Studies	30		2
POPLHLTH 749	Biology of Ageing	15	1	
POPLHLTH 759	Clinical Leadership in Residential Care	15		2

NURSING 790 A&B	Research Portfolio	90 pts
NURSING 795 A&B	Dissertation	60 pts
NURSING 796 A&B	Thesis	120 pts
NURSING 797 A&B	Research Portfolio	120 pts

Multidisciplinary courses

Gerontology

POPLPRAC 725	Principles of Gerontology
POPLPRAC 726	Health Services for Elderly People
POPLPRAC 727	Mental Health in Old Age
POPLHLTH 749	Biology of Ageing
POPLPRAC 756	Adult Rehabilitation Studies
POPLHLTH 759	Clinical Leadership In Residential Care

Palliative Care

POPLHLTH 746	Ethics, Culture and Societal Approaches to Death
POPLPRAC 720	Psychosocial Issues in Palliative Care
POPLPRAC 722	Foundations of Clinical Symptom Management in Palliative Care

Multidisciplinary courses continued...

POPLPRAC 723 Clinical Symptom Management in Palliative Care 2

POPLPRAC 724 Child and Adolescent Palliative Care

All of our courses lead to qualifications that are approved by the Nursing Council of New Zealand and therefore are eligible for funding by Health Workforce New Zealand. Contact your local DHB HWNZ Co-ordinator.

Other courses

These courses can be taken as optional courses along with Nursing courses. Please note the following list is not exhaustive and further information is on the University web site.

Management & Policy

POPLHLTH 721 Health Management
POPLHLTH 724 Quality in Health Care
POPLHLTH 718 Health and Public Policy
POPLHLTH 719 Health Economics

Child and Youth Health

POPLHLTH 732 Population Youth Health
POPLPRAC 754 Infant Child and Adolescent Primary Health Care
PAEDS 712 Youth Health Clinical Skills
PAEDS 719 Health Education and Youth Development
PAEDS 720 Youth Health Theory, Application and Leadership

Nutrition

MEDSCI 709 Nutrition in Health and Disease
MEDSCI 710 Nutrition Mechanisms
MEDSCI 711 Clinical Nutrition
MEDSCI 712 Critical Evaluation of Nutritional Therapies

Pharmacy

PHARMACY 700 Critical Evaluation of Complementary Medicinal Products

Population Health

POPLHLTH 733 Health Promotion Theory and Models
POPLHLTH 725 Environmental Health
POPLHLTH 708 Epidemiology
POPLHLTH 706 Statistics in Health Science
POPLPRAC 714 Health Promotion and Education

Mental Health

POPLPRAC 702 Primary Mental Health
POPLPRAC 717 Coexisting Disorders: Theory and Principles
POPLPRAC 718 Coexisting Disorders: Interventions
POPLPRAC 754 Infant Child and Adolescent Primary Health Care
POPLHLTH 735 Mental Health Development: Theory and Principles
POPLHLTH 736 Mental Health Promotion
PSYCH 712 The Psychology of Psychosis

Nursing course descriptions 2012

NOTE:

Courses will only be taught if there are sufficient student numbers. Students are advised to check on the website for up to date information on courses.

NURSING 701 **Clinical Project** **30 points**

Semester One

Semester Two

For this course students complete a project, based on their clinical practice, that aims to improve health outcomes.

Course Coordinator: Dr Ann McKillop

NURSING 702 **Developing Nursing Practice** **30 points**

Semester Two

Allows the BNURS (Honours) student to extend their nursing knowledge and skill in a specialty practice area. The focus will include recognition of the contextual factors that impact on the practice area and a critique and analysis of their practice.

Course Coordinator: Helen Malcolm

NURSING 706 **Pharmacology and Pharmacokinetics for Nurses** **15 points**

Semester One

Online course

Semester Two

Auckland

This course introduces the principles of pharmacology for registered nurses and those who intend to become a nurse prescriber. This course will provide the nurse with the principles of pharmacology, pharmacodynamics and pharmacokinetics, and provide the knowledge and understanding that is essential for application to practice and is a pre-requisite to the course Nursing 722.

Prerequisite: NURSING 742 or equivalent approved Health Science course

Course Coordinator: Gigi Lim

NURSING 714 **Nursing Practicum 1** **15 points**

Semester Two

Special cohorts only (students must contact School of Nursing)

The articulation and demonstration of advanced nursing knowledge and skills within a specialist clinical area. Students work with an academic and clinical adviser to develop an individual learning contract.

Required preparation: 60 points completed from Master of Nursing schedule equivalent to PG Cert (Adv Nsg).

Course Coordinator: Dr Ann McKillop

NURSING 716

Primary Healthcare of Children and Adolescents

15points

Semester One

The development of nursing knowledge specific to advanced nursing practice in a child health setting. Focuses on the primary health care of children, throughout childhood and adolescence, including health promotion and maintenance of the well child and family.

Course Coordinator: Karen Hoare

NURSING 719

Specialty Nursing Knowledge and Practice 15 points

Semester One

Semester Two

Extend nursing knowledge and skill related to the management of clients in specialty based clinical practice.

Available in various specialty practice streams. Nurses are required to be working in the relevant area to enrol in the course.

Options 2012: Please check with School of Nursing

Course Coordinator: Lesley Doughty

NURSING 722

Principles of Therapeutics for Advanced Nursing

15 points

Semester One

Auckland

Semester Two

Online

This course will consider the principles of therapeutics and mechanisms necessary for prescribing to be safe and effective. The principles of medicines evaluation, pharmaco-economics and therapeutics are discussed. The legislative framework and practical considerations for nurse prescribing are considered. This course is designed to meet the nurses' pharmacological knowledge in acute care, community practice as well as for the basis for prescribing.

Prerequisite: NURSING 706

Course Coordinator: Gigi Lim

NURSING 730 (A & B)

Knowledge/Science in Specialty Nursing 30 points

Semester One A

Semester Two B

Extending knowledge and understanding of biomedical and social science concepts related to an identified specialty area and covers specialty based practice knowledge required to care for clients in specialty practice streams.

Options 2012: Please check with School of Nursing

Students must enrol in NURSING 730 A and B

Restriction: NURSING 742 or 719

Course Coordinator: Lesley Doughty

NURSING 732	Nursing Leadership Practicum	30 points
Semester Two		
Theoretical and practice principles of leadership and management in the context of health care organisations. Utilises an action based learning model, mentorship and project work.		
Prerequisite:	NURSING 775	
Course Coordinator:	Susan Waterworth	
NURSING 735	Clinical Education Practicum	30 points
Second Semester		
Application and critical analysis of educational theories and concepts in a clinical learning environment. Utilises an action based learning model and project work.		
Prerequisite:	NURSING 741	
Course Coordinator:	Bronwyn Hedgecock	
NURSING 736	Health Policy and Nursing	15 points
This course will be offered in 2013		
Health policy planning and development in New Zealand. This course promotes understanding of policy theory, the policy process and analyses the role government plays and the role of nurses as a special interest group in the policy community.		
Course Coordinator:	TBC	
NURSING 737	The Scholarship of Practice	30 points
Semester Two		
The development of professional knowledge is explored from a variety of perspectives, including the wider health care environment and national and international trends, as relevant to advancing nursing practice.		
Course Coordinator:	Louise Carrucan-Wood	
NURSING 738	Long Term Condition Management in Primary Health Care	30 points
Semester One		
Long term conditions present one of the most challenging global epidemics of the 21st century. This clinically applied course adopts a population health approach to support individuals and populations, reduce their risk of developing specific long term conditions and improve their health outcomes.		
Course Coordinator:	Mia Carroll	

NURSING 739**Advanced Rural Nursing****30 points****This course will be offered in 2013**

Prepares nurses who are working in rural areas with the knowledge and skill to manage prehospital emergency care and associated clinical interventions and to explore the competing tensions inherent in the specialty role of rural nursing.

Course Coordinator: Mia Carroll**NURSING 740****Nurse Prescribing Practicum****30 points**

Semester One
Semester Two

The knowledge and competencies that form the basis of prescribing in advanced nursing are developed under supervision.

Students must contact course coordinator at least six weeks prior to course commencement. Attendance is required for 2 study days

Course Coordinator: Gigi Lim**NURSING 741****Education in Clinical Practice****30 points**

Semester One

Teaching and learning is fundamental to competent health care in the complex world of clinical practice. Health care professionals are required to become actively involved in educating consumers and other health care professionals. Practice development will be explored as a means to embed and extend teaching and learning into health professional practice.

The aim of this course is to explore the role of teaching and learning in the clinical area and advance the skill of practitioners. This course will take a multi disciplinary approach with application to practitioners of all health disciplines.

Course Coordinator: Bronwyn Hedgecock**NURSING 742****Biological Science for Practice****30 points**

Online course
Semester One
Semester Two

As health care practice becomes more complex, population demographics and patterns of health and illness change, health professionals are increasingly required to practice in ways that identify patients at high risk for the most common diseases. A sound understanding of the pathology underpinning common disease processes along with evidence-based interventions in managing patients is crucial. This course explores the associations between risk factors, the underlying pathology, pharmaceutical and lifestyle interventions in the management of patients at higher risk of the more common pathologies.

Course Coordinator: Barbara Daly

NURSING 743

Advanced Nursing Practicum

30 points

Semester One

This course is designed to refine advanced nursing skills and to further develop an advanced analytical model for nurses preparing for advanced practice. Advanced practice nurses, especially Nurse Practitioners provide primary and speciality care and need expertise in assessment and diagnostic processes. Advanced assessment skills along with disease management models will be taught with a focus on clinical decision making for clients in various health settings.

Pre-requisite: Approval of the course co-ordinator.

Course Coordinator: Sandra Oster

NURSING 745

Principles of Medication Management

30 points

Semester One

This course focuses on basic pharmacological concepts and the principles of medication management to improve and extend the knowledge and skills of registered nurses in nursing practice. Content covered includes composition, actions and interactions of common drugs; the role of medications in the treatment of common illnesses; legal and ethical aspects of medication management; safe and appropriate use of medications. In addition, the course includes inter-professional communication and the essential nature of education and partnering with patients and families to support concordance with a medication regimen. This course is now also being offered in a Child Health stream.

Course Coordinator Adult stream: Gigi Lim

Course Course Coordinator Child stream: Karen Hoare

NURSING 746 Evidence-based Practice and Implementation

30 points

Semester One

Patient safety is an increasing concern within effective health care. Evidence comes in many forms, but what is the best evidence to implement to improve effectiveness and reduce harm? Evidence based practice provides the tools to find and appraise the best quality evidence for implementation into clinical practice. However, implementation of evidence is a complex process. Implementation science involves analysis of the challenges and enablers, blending researched based evidence with knowledge from clinical experience, patients' preferences and local data to inform decision-making for safe and effective healthcare.

Course Coordinator: Assoc. Prof Andrew Jull

NURSING 747

Special Topic: Mental Health Nursing of Older Adults

30 points

Semester Two

This course will explore therapeutic interventions for people presenting to inpatient and community older adult mental health services. There will be a focus on nursing practice in the context of multidisciplinary teams and on collaboration between primary and secondary services.

Course Coordinator: Anthony O'Brien

Postgraduate Nursing Course Advice

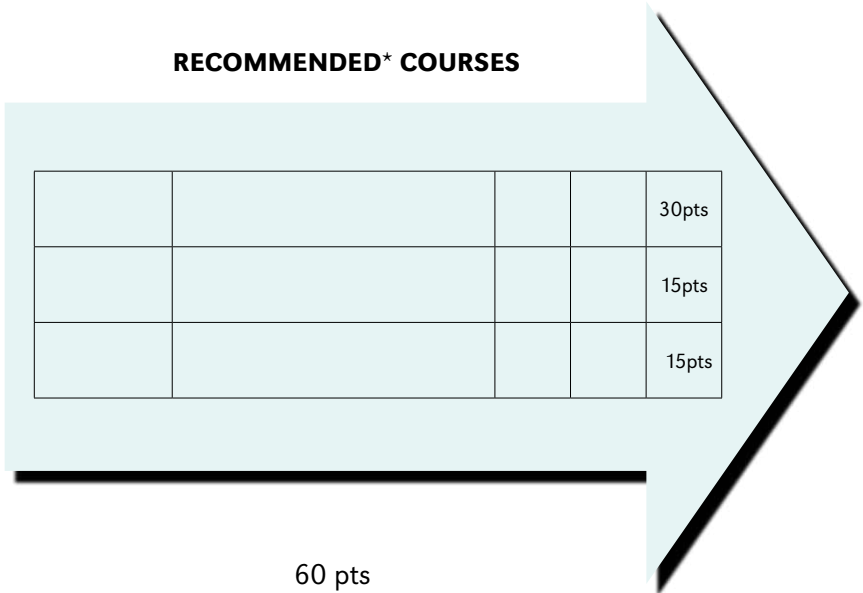
A pathway for postgraduate study for _____

- A three step qualification approved by Nursing Council of New Zealand
- each step ends in a qualification, can be followed by a pause or leads on directly to the next.
 - B Grade Average (GPA5) needs to be achieved to progress on to Masters.

Postgraduate Certificate of Health Sciences

60 pts - 2 yrs part-time

RECOMMENDED* COURSES



*Students are encouraged to seek academic advice about course changes/options that reflect personal preferences

_____ (Student's name and ID No.)

The Postgraduate Certificate and Post graduate Diploma can both be made up of a combination of 15 and 30 point courses.

Postgraduate Diploma in Health Sciences

(Advanced Nursing) 60 pts
– 2 yrs part-time

RECOMMENDED* COURSES

		30pts
		15pts
		15pts

120 pts

Master of Nursing 120 pts

<p>Taught Masters</p>	<p>120 pts Coursework</p>	
<p>Research Masters</p>	<p>90 pts Portfolio</p>	<p>30 pts Optional Course/s</p>
	<p>120 pts Portfolio or Thesis Research course prerequisite</p>	

240 pts

For more information about courses, course dates see our website on www.health.auckland.ac.nz/nursing/

For information about enrolment contact Lee-Anne Govender on la.govender@auckland.ac.nz

NURSING 753

Specialty Practice in Mental Health Nursing 1

30 points

Semester One

A clinically focused course introducing nurses in their first year of practice to the mental health speciality. The course integrates theoretical concepts with clinical practice using classroom teaching and clinical preceptorship

Course Coordinator: Jane Barrington

NURSING 754

Legal Issues in Mental Health Nursing

15 points

Semester One

Critical reflection on legal issues related to mental health nursing practice. Topics include: analysis of mental health nurses' involvement in compulsory treatment; consent, compliance and issues related to the Mental Health (Compulsory Assessment and Treatment) Act and other relevant legislation.

Course Coordinator: Assoc Prof Brian McKenna

NURSING 756

Specialty Practice in Mental Health Nursing 2

30 points

Semester Two

This course builds on Nursing 753 to further develop clinical skills and application of theoretical concepts in the mental health speciality. The course integrates theoretical concepts with clinical practice using classroom teaching and clinical preceptorship.

Course Coordinator: Jane Barrington

NURSING 758 Advancing Clinical Expertise in Nursing

15 points

Semester Two

Special cohort only (Students must contact School of Nursing)

Guides the ongoing development of clinical expertise with a focus on critical thinking processes and evaluation of relevant literature to improve patient health outcomes.

Course Coordinator: Dr Ann McKillop

NURSING 760

Cognitive and Behaviour Therapy in Nursing Practice

15 points

This course will be offered in 2013

The application of principles of cognitive and behaviour therapy (CBT) in nursing. Critiques the use of cognitive tools and techniques within the nurse-client relationship.

Course Coordinator: Helen Hamer

NURSING 765 Nursing the Client with Breast Cancer 15 points

This course will be offered in 2013

Explores the care of women across the continuum of breast cancer and includes concepts such as health promotion, pathology, impact of social and cultural issues, collaboration in health care, advocacy and evidence based practice.

Course Coordinator: TBC

NURSING 768 Research Methods in Nursing and Health 15 points

Semester One
Semester Two

This is a practical course to equip students with the skills to design and execute their own research as part of a Masters programme. At the completion of the course, students will have designed a research proposal ready to be conducted as a thesis or research portfolio. It will support students to appreciate and use high quality research to inform their practice.

Course Coordinator: Dr Terryann Clark

NURSING 770 Clinical Practice Development 30 points

Semester One
Semester Two

For newly graduated nurses with clear focus on developing knowledge and assessment skills in practice.

Course Coordinator: Karyn Scott

NURSING 771 Chronic Care Interventions 30 points

Semester Two

Long term condition management includes many strategies to support individuals and their families to deal with disease and its impact on their lives. This course reflects the specialty knowledge and skills inherent in supporting individuals and their families to strengthen their self management, efficacy and confidence related to their long term conditions. It includes implementation of a quality initiative to improve health outcomes.

Contact: Mia Carroll

NURSING 772 Population Health and Primary Health Care Nursing 30 points

Semester One

Primary health care nurses are challenged to deliver services in new ways that better respond to consumers' health and social needs. This course explores population health and health determinants, empowerment, equity, partnerships and public policy. Strategies for action, informed by multiple sources of evidence are advocated.

Contact: Dr Nicolette Sheridan

NURSING 773

Advanced Assessment and Clinical Reasoning

30 points

Semester One

Adult Nursing Stream

Semester Two

Adult Nursing Stream and Child Health Stream

Nurses make a variety of diagnoses in their daily practice. Advanced nursing practice requires skilled health assessment, estimation of probabilities and evidence based diagnostic reasoning. This complex cognitive process is developed in relation to skills and knowledge required for sound clinical reasoning.

Course Coordinator: Deborah Somerville

NURSING 774

Nursing in Acute Mental Health Settings 30 points

Semester Two

The concept of recovery forms the basis of exploring nursing care of people in states of acute crisis.

This course focuses on models of acute care, collaborative care, risk assessment and management, and maintaining a safe, non-coercive environment. Students will be expected to engage in critical reflection and analysis of practice issues and case studies.

Course Coordinator: Dr. Jacquie Kidd and Jane Barrington

NURSING 775

Leadership and Management of Quality Healthcare

30 points

Semester One

This course will provide health professionals with an opportunity to build their management competence and business acumen in relation to management and leadership through project based group learning methodology within an individual's work environment. The course will develop participants' management and leadership knowledge, as well as support further development of their competencies in the areas of thinking differently, quality service delivery and improvements and maximising organisational performance and change management.

Course Coordinator: Susan Waterworth

NURSING 776

Assessment and Clinical Decision Making in Mental Health Nursing

30 points

Semester One

A clinically based course focusing on history taking, assessment and problem formulation. Using case studies from clinical practice, the course explores narrative and descriptive models. There is an emphasis on mental state assessment, and development of a client-focused plan of care.

Course Coordinator: Tony O'Brien

NURSING 777

Advanced Mental Health Nursing in its Social Context

30 points

Semester Two

Explores the social and clinical contexts of advanced practice in mental health nursing by encouraging critical awareness of advanced nursing roles in mental health services. Involves analysing practice development in a range of contexts in relation to clinical issues.

Course Coordinator: Dr Kate Prebble

Nursing 778

Health Promotion and Early Detection of Cancer

30 points

Semester Two

Examines the latest knowledge and research available around health promotion, risk assessment and early intervention for cancer and considers the implications for nursing practice. Content addressed would include epidemiology, genetic risk, nutrition, lifestyle and environmental screening, surveillance, government policies and interventions.

Course Coordinator: Dr Ann McKillop

NURSING 790A

Research Portfolio

45 points

NURSING 790B

45 points

The Research Portfolio consists of several research projects/essays. The content and the coherence of the Research Portfolio are determined in consultation with an academic supervisor. Students must demonstrate, through the portfolio, the same qualities expected of a thesis: an advanced level of understanding of one (or more) research tradition(s) within the discipline; coherence of argument, independence of thought, and the ability to produce original work.

Prerequisites: An approved 15 point research methods course

Coordinator: Assoc Prof Robyn Dixon

NURSING 795 A

Dissertation

30 points

NURSING 795 B

30 points

Semester One A

Semester Two B

A 60 point dissertation is conducted full time within a single semester, or part-time over 2 semesters and may take the form of a critical review of literature, the preparation of a proposal for research that may involve a pilot study, analysis of data already collected or some combination of two or more of these elements. It is expected that most dissertations will be between 20,000 to 25,000 words, including tables, figures and references: appendices are additional.

Coordinator: Assoc Prof Robyn Dixon

NURSING 796 A
NURSING 796 B

Thesis

60 points

60 points

Semester One A

Semester Two B

Approximately 50,000 words in length, a Masters thesis requires original research and makes a contribution to knowledge in a particular area.

Prerequisites: An approved 15 point research methods course

Coordinator: Assoc Prof Robyn Dixon

NURSING 797 A&B

Research Portfolio

120points

Prerequisite: An approved 15 point research methods course

Coordinator: Assoc Prof Robyn Dixon

Multidisciplinary course descriptions - 2012

POPLPRAC 725 **Principles of Gerontology** **15 points**

Semester One

This course will be offered in 2013

The basic biology, demographics, social policy, sociology, psychology and economics of ageing.

Contact: Anne Williamson

POPLPRAC 726 **Health Services for Elderly People** **15 points**

Semester Two

This course will be offered in 2013

This course overviews health services for older people, including primary, community and residential care. It explores the possibilities of new restorative and innovative approaches that encourage older people to remain as independent and active and well as possible. It also critiques the regulatory and accreditation requirements for health services caring for older people in a wide variety of organisations and models of care.

Contact: Anne Williamson

POPLPRAC 727 **Mental Health in Old Age** **15 points**

Semester One

The psychological aspects of ageing, common psychiatric presentations in the elderly, sleep disturbance, grief and loss, anxiety disorders, drug and alcohol abuse, depression, delirium, dementia, behavioural disorders, psychosis, and medico-legal aspects.

Contact: Anne Williamson

POPLPRAC 756 **Adult Rehabilitation Studies** **30 points**

Semester Two

This course focuses on the rehabilitation of adults with an acquired or traumatic condition; including an in-depth exploration of the philosophy of rehabilitation interwoven with the development of clinical rehabilitation skills. The concepts addressed in rehabilitation reflect the eclectic nature of the discipline.

Please note this course relates to rehabilitation for all adults, not only those over 65 years.

Contact: Anne Williamson

POPLHLTH 749**Biology of Ageing****15 points**

Semester One

The systematic analysis of the physiological changes in ageing, and the relationship of these changes to current beliefs and theories around the ageing process. Current issues around biogerontology are discussed.

Online course no attendance requirement.**Contact:** Anne Williamson**POPLHLTH 759****Special Topic Clinical Leadership Residential Care****15 points**

Semester Two

Examines clinical leadership in residential care, including an in-depth exploration of models that support client centred and directed care, and the enhancement of clinical practice and client wellbeing utilising models of care and the role of advocacy. The course provides a broad framework for developing an understanding of clinical leadership in this environment and is directed at all health professionals providing services in the residential care sector.

Contact: Anne Williamson**POPLPRAC 720****Psychosocial Issues in Palliative Care****15 points**

First Semester

The psychological and social study of patients with cancer or active, progressive disease, unresponsive to curative treatment. Existential philosophy and models of coping with suffering, communication in palliative care, working with families in palliative care and bereavement.

Contact: Dr Ann McKillop**POPLPRAC 722****Foundations of Clinical Symptom Management in Palliative Care****15 points**

Semester One

Management of pain, nausea and vomiting, respiratory symptoms, bowel care, mouth and skin care, cognitive mood and sleep disorders, oncological emergencies, palliative care for non malignant conditions, HIV/AIDs, and paediatric palliative care.

Contact: Dr Ann McKillop

POPLPRAC 723**Clinical Symptom Management in Palliative Care 2****15 points**

Semester Two

Advanced concepts of the management of symptoms in a variety of palliative care situations.

Contact: Dr Ann McKillop**POPLPRAC 724****Child and Adolescent Palliative Care****15 points**

Semester One

An examination of specific palliative care issues related to the care of children, adolescents and their families.

Contact: Dr Ann McKillop**POPLPRAC 702****Primary Mental Health****15 points**

Semester One

Provides a clinical and practical focus on mental health in primary care. Topics covered include depression, bipolar illness, anxiety, adjustment disorders, phobias and schizophrenia, along with assessment and treatment options. Cognitive Behavioural Therapy techniques for depression, cultural approaches, alcohol and drugs (detection, dependency, self-management and relapse prevention), psychosomatic interface, stigma and the holistic approach are discussed.

Course Coordinator: Tannis Laidlaw**POPLPRAC 717****Coexisting Disorders: Theory and Principles****15 points**

Semester One

This course is suitable for students who work within both the mental health and the alcohol and drug services. It introduces students to research and theory in coexistent disorders and examines recent developments in intervention strategies.

Lecturer: David Newcombe**POPLPRAC 718****Coexisting Disorders: Interventions****15 points**

Semester Two

Develops the idea of theory and practice introduced in Dual Diagnosis 1. Additionally, students have an opportunity to reflect on the organization of services to people with a dual diagnosis and the best practice that is offered within them.

Prerequisite: POPLPRAC 717**Lecturer:** David Newcombe

POPLPRAC 754**Infant, Child and Adolescent Primary Mental Health
15 points**

Semester Two

Provides an overview of the recognition and primary care management of mental health in the under-eighteen age group. A clinically focused course for primary care practitioners. The content covers attachment, early intervention, development, risk assessment, resilience and families. Topics include depression, anxiety disorders, substance use, eating disorders, first episode psychosis, pain, somatic presentations, disruptive behaviour disorders and common behavioural problems.

Coordinator: Tannis Laidlaw

POPLHLTH 735**Mental Health Development: Theory and Principles
15 points**

Semester One

Mental Health Development (MHD) represents an emergent paradigm in the mental health sector, one which emphasizes strengths, resilience and positive quality of life. It is applicable to all people, including those with mental illness, and to all aspects of mental health and social services. The course has a particular focus on the treatment and recovery for individuals affected by mental health problems.

Contact: Elsie Ho

POPLHLTH 736**Mental Health Promotion
15 points**

Semester Two

Examines the central role that positive mental health and well-being plays in the health of populations. It focuses on understanding the determinants of mental health and the processes by which these determinants affect mental health. The theory and application of Mental Health Promotion practice, encompassing strategies for action at the societal, community and individual level, are discussed.

Lecturer: Janet Fanslow

PSYCH 712**The Psychology of Psychosis
15 points**

Second Semester

A summary and critique of recent research concerning the psycho-social causes of psychotic symptoms such as hallucinations and delusions, the psychological mechanisms by which adverse life events increase the risk of psychosis, and the effectiveness of psychological treatments for psychosis. Includes discussion of reductionist, biological approaches to psychosis from historical, economic and sociological perspectives.

Contact: Assoc. Prof John Read





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**FACULTY OF MEDICAL
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