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The Postgraduate Diploma in Health Sciences (Sports Medicine) is managed and delivered by the School of Population Health at The University of Auckland's Faculty of Medical and Health Sciences.

The Faculty of Medical and Health Sciences is rated among the world's top 1% of clinical and biomedical institutions and The University of Auckland is the highest rated university in New Zealand by all measures.



For more information and to apply for admission:
0800 61 62 63

Email: pghealth@auckland.ac.nz

Web: www.fmhs.auckland.ac.nz/sportsmedicine

Postgraduate Diploma in Health Sciences



Postgraduate Diploma in Health Sciences specialising in Sports Medicine

The Postgraduate Diploma in Health Sciences in **Sports Medicine** is designed for GPs looking to increase their expertise with athletes, doctors wishing to apply skills across a sports club or team, PHOs or practices wanting in-house sports medicine expertise, or at individuals looking to springboard their sports medicine career in the rapidly expanding sport and leisure industry.

The diploma comprises a range of theoretical courses plus a practical course which requires contact with patients as well as attachment to a contact sports team. The programme teaches best current practice in clinical assessment, decision making and treatment. The programme's strong patient safety and quality of care focuses are driven and supported by research-informed teaching and evidence-based practice.

Sports Medicine study at The University of Auckland is also open to nurses and physiotherapists, with theoretical courses in this subject leading to a Postgraduate Certificate in Health Sciences in Sports Medicine, or the incorporation of these into another programme of study.

The Postgraduate Diploma in Health Sciences in the specialisation Sports Medicine is a 120 point programme (equivalent to one year of fulltime study) which is taken part-time over up to four years. This programme can also lead on to a research-based Masters degree and to a PhD.

Courses include:

- **POPLHLTH 709 – Evidence for Best Practice (15 pts)**
Provides a comprehensive overview of the role and methodology of research in modern health assessment and delivery.
- **POPLPRAC 743 – Upper Limb and Spine (15pts)**
- **POPLPRAC 744 – Lower Limb and Physiotherapy (15pts)**
- **POPLPRAC 745 – Sports Medicine in the Community (15pts)**
- **POPLPRAC 746 – Medical Issues in Sport (15pts)**
- **POPLPRAC 747 – Practical Sports Medicine (45pts)**
This course requires attendance at a three day workshop in Auckland in Semester One and an OSCE (objective structured clinical examination) in Semester Two.



www.fmhs.auckland.ac.nz

Distance Learning

Technology today allows distance learning to bridge time and space and to bring New Zealand's leading university to you. Learning is done in your time at your pace, meaning you can significantly advance your skills and competencies with minimal disruption to family or work commitments.

A wide range of student services and learning aids are available to distance learning students, and access to the University's electronic library resources is provided. Research shows that students studying by distance learning are generally more objective, less fearful of criticism or comment, less constrained by cultural barriers and more inclined to think through problems before responding.

