

CeleBRation Choir

A community singing group for people with neurological conditions



The CBR choir is a social singing group for people with neurological conditions like stroke or Parkinson's disease. Led by music therapist Alison Talmage, warm-ups include voice and breathing exercises to help maintenance of vocal function. Research is showing that singing may also help to 'rewire' the brain after brain injury, and so could help with conditions like aphasia. Our songs include folk tunes and well-known pop songs from the 50s, 60s and 70s so you're sure to know some. Whatever your ability, we aim to enjoy singing and have some fun!

University of Auckland	2012 Dates
Tamaki Innovation	Monday daytime
Campus	1.45pm - 3.15pm
Morrin Rd,	January
Glen Innes, Auckland	16th and 23rd
Building 733	February
Room 234	13th, 20th, 27th
Easily accessible with	March
free parking.	5th, 12th, 19th, 26th
Parking entrance via	April
Gate 1, park on main car	16th, 23rd
park or drop-off outside	May
building.	7th, 14th, 21st, 28th

- **Free of charge**
- **New members welcome**
- **See website for details and further meeting dates**

www.cbr.auckland.ac.nz | 09 923 1913